

The Fern Creek Traditional  
High School Intergenerational  
Nutrition Center is located at  
9115 Fern Creek Road, Room  
112. Hours of operation are  
Monday through Friday 9:00  
AM to 2:00 PM.

For additional information,  
please contact:

*Rose Spalding,*

*Intergenerational*

*Program Worker*

*(502) 485-8165*

The Meals On Wheels program does not  
discriminate in employment or in the  
provision of services on the basis of disability, sex,  
race, color, religion, age, national origin, sexual  
orientation or gender identity.



**Jerry E. Abramson**  
Mayor

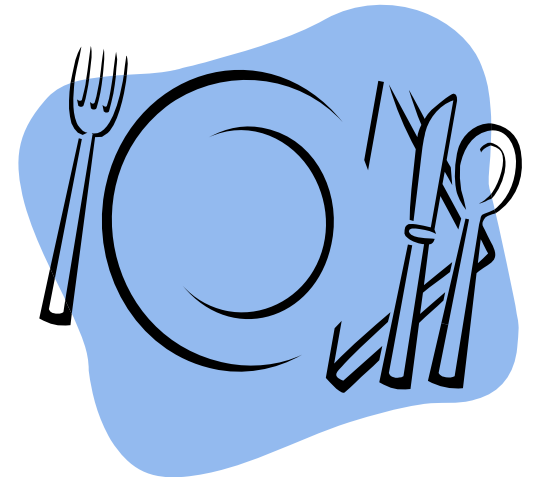
**Louisville Metro Council**

*This program is funded in part, by the  
U.S. Department of Health and Human  
Services and the Kentucky Cabinet for  
Health and Family Services through a  
contract with KIPDA. Other sources of  
income include Louisville Metro Gov-  
ernment and private donations.*

**Call Today**  
**574-6325**

**For further information contact:**  
Louisville Metro Human Services  
574-6325

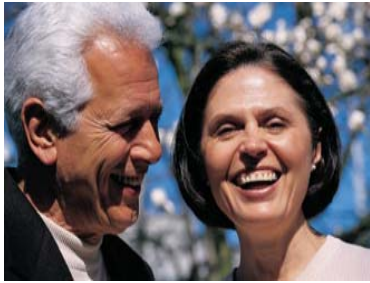
# **Fern Creek Traditional High School Intergenerational Nutrition Center**



**9115 Fern Creek Road  
Room 112  
Louisville, KY 40291  
Monday - Friday  
9:00 AM - 2:00 PM**

Fern Creek Traditional High School Intergenerational Nutrition Center is open to the public and designed to provide senior citizens age 60 and older a place

to join neighbors and friends for lunch and participate in a wide range of activities.



*The Center provides senior citizens age 60 and older a place to join friends and neighbors for lunch.*

Lunch is provided by Jefferson County Public Schools (JCPS) and served at 11:00 AM during school days. When school is not in session, meals are catered by Masterson's Restaurant and require a reservation before 12:00 PM, one day in advance.

Call 485-8165 to make a meal reservation.

## We Offer

- Activities
- Fellowship
- Games/cards
- Classroom opportunities
- Exercise
- Educational programs

## Meals on Wheels

The Louisville Metro Nutrition Meals on Wheels Program serves approximately 700 hot nutritious meals daily to homebound elderly citizens throughout Louisville and Jefferson County. For more information call 574-6325.

## Senior Nutrition Sites

Also serving meals Monday through Friday are various senior nutrition sites located throughout Louisville and Jefferson County. There is no set charge for the meal, but donations are encouraged. A reservation is required one day in advance.

All menus are reviewed by registered dieticians and meet one third of the Recommended Daily Allowance (RDA).



*Volunteer opportunities are also available.*