



Lifeguard I Certification Requirements

Division of Environmental Health & Protection (502) 574 - 6650

Permit issued by the Division is valid for one (1) year

Persons 16 years old with no physical or mental limitations may become certified as Lifeguards in the Louisville Metro community after successfully completing the following courses:

What you need to do to obtain your Lifeguard I permit

Successfully complete the following 4 courses:

1. * **BASIC LIFEGUARD TRAINING** : can be obtained from the following organizations that provide training for lifeguards: American Red Cross, and YMCA.

2. * **FIRST AID** : can be obtained from the following organizations that provide First Aid training: American Red Cross, American Heart Association, American Safety and Health Institute, and National Safety Council.

3. * **CPR** : can be obtained from the following organizations that provide CPR training. American Red Cross, American Heart Association, American Safety and Health Institute, National Safety Council.

** For other organizations not listed above that provide Lifeguard, First Aid and CPR training programs, contact the Louisville Metro Department of Public Health and Wellness, Division of Environmental Health and Protection to determine if the training is an approved training program. 502-574-6650.*

4. **GUARD COURSE** : can be obtained only through the Louisville Metro Division of Environmental Health and Protection Lifeguard Training Program. This course contains 2 parts : 1.) lecture and water test conducted at a local community swimming pool 2.) written test that is taken at the Louisville Metro Department of Public Health and Wellness.

You must register at 574-6650 for the Guard Course (annual water test).

Once the above courses are completed:

- Bring **proof of age** (Driver's License or Birth Certificate and picture ID), above **certification cards** to the Division of Environmental Health & Protection at 400 East Gray St, Mon-Fri.: 8:30 AM. - 3:30 PM. **You must be here by 3:30 PM** to have enough time to complete the written test and process permit.

Quarters for the parking meter !

- Fill out Lifeguard I application form, show above cards and proof of age for verification. ***Xerox copies of cards or letters showing completion of the above courses are not acceptable.***
- Successfully complete and **pass the Lifeguard I written test.**
- Upon payment of **\$20.00** in the form of cash, or check payable to: **Louisville Metro Government**, you will be issued a **Lifeguard I** permit that expires the following October 1st.
- Duplicate permits will cost **\$5.00**
- For lifeguard I **renewal** in the following year, the applicant **must renew any expired certificates, take and pass the Division Guard Course** (lecture/water test) **and written test.**

Important message for all Lifeguard I applicants

The permit you receive from the Division of Environmental Health and Protection is valid only when the Basic Lifeguarding, First Aid and CPR certification remain current.

<u>Course</u>	<u>Course Providers</u>	<u>Course Title</u> <u>Certification Period</u>
<p><u>Basic Lifeguarding Course</u></p> <p>All applicants must have current certification in a basic lifeguarding course before taking the Division’s Guard Course (water test & lecture)</p> <p>Online courses must have a physical skill out with a certified agency instructor and documentation before it will be APPROVED ! (often referred to as “blended courses”)</p>	<p>American Red Cross (ARC) www.louisville-redcross.org 502-589-4450</p> <p>Jewish Community Center 502-459 –0660</p> <p>Lakeside Swim Club 502-454 –4585</p> <p>Louisville Metro Parks www.louisvilleky.gov/MetroParks 502-897-9949</p> <p>YMCA’S of Greater Louisville www.ymca.louisville.org 1-800-872-9622</p> <p>Kentuckiana Pool Management www.kyanapoolmanagement.com 502-394-9759</p>	<p>ARC Lifeguard Training 3 years</p> <p>ARC Lifeguard Training 3 years</p> <p>ARC Lifeguard Training 3 years</p> <p>ARC Lifeguard Training 3 years</p> <p>YMCA on the Guard 2 years</p> <p>ARC Lifeguard Training 3 years</p>
<p><u>First Aid Course</u></p> <p>Online courses must have a physical skill out with a certified agency instructor and documentation before it will be APPROVED ! (often referred to as “blended courses”)</p>	<p>*See above list for ARC providers</p> <p>Other providers : American Heart Association www.americanheart.org/index.htm 1 - 877 - 242 – 4277</p> <p>American Safety & Health Institute www.ashinstitute.org 1-800-256-5101</p> <p>National Safety Council www.nsc.org/training 1-630-285-1121</p>	<p>ARC First Aid 3 years</p> <p>Heartsaver First Aid and Heartsaver Pediatric First Aid 2 years</p> <p>Basic First Aid Adult, Child and Infant : 2 years</p> <p>Standard First Aid Adult, Infant and Child : 3 years</p>
<p><u>CPR Course</u></p> <p>Must be a professional rescuer CPR</p> <p>Online courses must have a physical skill out with a certified agency instructor and documentation before it will be APPROVED ! (often referred to as “blended courses”)</p>	<p>American Red Cross *See above list for ARC providers.</p> <p>American Heart Association www.americanheart.org/</p> <p>American Safety & Health Institute www.ashinstitute.org/index.htm</p> <p>National Safety Council www.nsc.org/training/</p>	<p>CPR/AED for Lifeguards 2 years</p> <p>Healthcare Provider (BLS) 2 years</p> <p>CPR Pro for Professional Rescuers 2 years</p> <p>Basic Life Support Healthcare and Professional Rescuers : 2 years</p>
<p><u>Guard Course</u></p> <p>* Current certification in basic lifeguarding is required before taking this course. The Guard Course consists of a lecture/water test and a written test that must be taken every year ! The written test is given at the Louisville Metro Department of Public Health and Wellness</p>	<p>Louisville Metro Department of Public Health and Wellness Division of Environmental Health and Protection</p> <p><i>You must register for this course !</i> 502-574-6650</p>	<p>Guard Course</p> <p>You must take the Guard course every year to obtain a Lifeguard I permit.</p>

