

Communiqué

A publication of Louisville Metro Cabinet for Health & Family Services



July, 2005

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I. Bringing Us Together

Create a fiscally responsible government that's more efficient, effective and easier for citizens to connect with.

Metro & Cabinet News

Mayor Jerry Abramson's **Community Conversations** continue on the **3rd Monday** of each month.

These on-site and on-line events provide opportunities to share whatever might be on your mind! So, mark your calendars now for these sessions in 2005:

August 15: Seneca High School Small Gym, 3510 Goldsmith Lane

September 19: Iroquois High School Gym, 4615 Taylor Boulevard

October 17: Eastern High School Gym, 12400 Old Shelbyville Road

For more information and the complete list of dates: <http://www.loukymetro.org/mayor/CommunityConversations.asp>.

Mayor's Healthy Hometown Movement Provides Grants: Mayor Jerry Abramson and Health Director Dr. Adewale Troutman have awarded more than \$50,000 in grants to 17 community-service organizations to promote personal health and fitness. Each organization received \$3,000 to support a range of healthy activities in neighborhoods across Louisville, as part of the ongoing Mayor's Healthy Hometown Movement.

"These organizations have come up with innovative approaches to increasing physical activity and better nutrition in our community," Abramson said. "We believe that health initiatives funded through these grants can be replicated throughout Louisville – so that the benefits of increased activity levels and healthier lifestyles spread across our hometown." Organizations receiving grants, and the programs to be implemented, include:

- **Bridgehaven**, to run a daily exercise program and promote wellness among adults with severe mental illness.
- **BRYCC House**, to repair and build bicycles for Old Louisville residents.
- **C.H.O.I.C.E.**, to provide physical education and nutrition classes for students at Meyzeek Middle School.
- **Dreams With Wings**, to engage individuals with mental retardation in aerobic, strength training, and stretching activities.
- **First Gethsemane Center for Family Development**, for a variety of services for 50 families including adult volleyball, youth and adult basketball, aerobics, dance classes, and nutrition classes.
- **Jewish Community Center**, to provide youth ages 12 through 16 the opportunity to learn proper exercise techniques and build muscle in a non-competitive environment.

(continued on Page 4)

**Louisville Metro External Agency
Grant Recipients Fiscal Year 2005-2006**

Human Services

The External Agency Funding through Louisville Metro Human Services is providing grants in the amount of \$3,188,500 to a total of 95 programs being awarded through a diverse group of 69 nonprofit agencies. The following are agencies which were recommended and subsequently awarded grants:

A New Beginning For Women Cultivating A Rose	Highlands Community Ministries
AIDS Interfaith Ministries of Kentuckiana	Home of the Innocents
American Veterans Association	House of Ruth
Americana Community Center	Jefferson Street Baptist Center
Arcadia Community Center	Jeffersontown Area Ministries
Bates Community Development Corporation	Jewish Family and Vocational Service
Bellewood Presbyterian Home for Children	Legal Aid Society
Bridgehaven	Louisville Deaf Oral School
CASA	Ministries United of South Central Louisville
CGM Services	National Center of Family Literacy
Cathedral of the Assumption	New Directions Housing Corporation
Catholic Charities	Plymouth Community Renewal Center
Clothe-A- Child	Presbyterian Child Welfare Agency
Coalition for the Homeless	Prodigal Ministries, Inc.
Community Coordinated Child Care	Project Women, Inc.
Community Employment	Senior Citizens East
Council on Mental Retardation	Seven Counties DBA JADAC
Dare to Care Food Bank	Shively Area Ministries
Down Syndrome of Louisville	South East Associated Ministries
Dreams With Wings	South Louisville Community Ministries
ECHO	Special Olympic Kentucky
East Louisville Community Ministry	St. John's Center
Eastern Area Community Ministries	St. Matthews Area Ministries
ElderServe, Inc.	United Crescent Hill Ministries
Fairdale Area Community Ministries	Visions of Hope
Family Place	Visually Impaired Preschoolers of Louisville
Family and Children First	Volunteers of America
Father Malone's Boys' Haven	Wayside Christian Mission
Fern Creek Highview United Ministries	Wellspring
Guardicare Services	Wesley House Community Services
Harbor House of Louisville	West Louisville Community Ministries
Healing Place, The	
Help Ministries	

The contact for the Human Services External Agency Grants is: Marilyn Edwards, 574-6298 or Marilyn.Edwards@loukymetro.org

Youth Development

External Agency Funding grantees for youth programs awarded through the Louisville Metro Office of Youth Development are receiving a total of \$950,100 in funding. Agencies who were recommended and subsequently awarded grants are:

Adelante Hispanic Achievers	New Directions Housing Corp.
Administrative Office of the Courts, Teen Court	Peace Education Program
All Care Community Center	Plymouth Comm. Renewal Center
Americana Community Center	Presbyterian Community Center
Bates Comm. Development Corp	Project One, Inc.
Big Brothers Big Sisters	Refuge Comm. Development, Inc.
Boys & Girls Clubs, Inc., The	River City Drum Corp.
Canaan Comm. Dev. Corp.	Russell Youth Club
Catholic Charities of Louisville	Sal. Army Boys and Girls Clubs
Family Life Center (St. Stephen)	Sir Friendly "C"
Father Maloney's Boys' Haven	S.O.C.K.S, Supporting Our Community Kid's School, Inc.
Girl Scouts of Kentuckiana	South East Associated Ministries, Inc.
Girls on the Run	South Louisville Community Ministries
Junior Achievement of Kentuckiana, Inc.	St. Anthony Community Outreach Center
Kwanzaa	St. George's Community Center
Kentucky Refugee Ministries	Teen Pregnancy Prevention
Kentucky Shakespeare Festival	United Crescent Hill Ministries
The Lincoln Foundation	Urban League of Louisville
Louisville Central Community Center	Women4Women
Maryhurst, Inc., CLASP Program	YMCA of Greater Louisville, Inc.
Neighborhood House	Young Adult Development in Action, Inc. (Youth Build)
	Youth Alive!

The contact for the Youth Development External Agency Grants is: Elizabeth Stith, 574-3328 or Elizabeth.Stith@loukymetro.org

- **Maryhurst**, for individual and group instruction in physical activity to disadvantaged girls through the Heiser Clinic.
- **Neighborhood House**, for physical fitness and health classes for preschool children to ensure that all children enrolled are current on their immunizations.
- **New Zion Development Foundation**, for physical education programming to Park duValle residents.
- **Plymouth Community Center**, to promote healthier lifestyles among adults living in the Russell neighborhood through health screenings, physical fitness activities, nutritional education and stress management.
- **Portland United Methodist Center**, to purchase tee-ball equipment and healthy snacks for children in the Portland and Russell neighborhoods.
- **PEACE Center, Inc.**, to provide physical activity and nutritional instruction to adult and adolescent women in the Newburg area.
- **Prevention 2000**, to purchase tennis equipment and develop a tennis program for 150 to 200 children.
- **Refuge Community Development**, to instruct women ages 18 and older about setting personal fitness goals and to increase muscle strength among participants by 60 percent.
- **Somali Community of Louisville**, to teach children soccer skills.
- **Wesley House**, to promote physical fitness to its clients and to the residents of the Butchertown and Phoenix Hill neighborhoods.

- **YouthBuild Louisville**, for exercise programs and to purchase water bottles, towels and T-shirts for young adults ages 18 to 24 who attend at least 12 workshops and 6 exercise classes.

*About the Mayor's Healthy Hometown Movement--*Last year, Abramson launched the Healthy Hometown Movement, a community-wide effort to create a new culture in Louisville where physical activity and optimal nutrition are the norm. The movement seeks to motivate citizens to increase their level of physical activity and to adopt healthier lifestyles.

The Louisville Metro Health Department administers the Movement, and a 45-member Advisory Committee of the area's leading health and fitness professionals provides oversight. Information about the Mayor's Healthy Hometown Movement and listings of health and fitness-oriented events are available at www.loukymetro.org, or by calling MetroCall at 311 or 574-5000.

Studio 2000 Going Strong: Studio2000 is an arts-based youth employment program coordinated by the Louisville Metro Office of Youth Development. It is modeled after Gallery 37 in Chicago and is open to local high school students, drawing participants from all public, parochial, and private schools within Metro Louisville.

Studio2000 provides employment for young artists who demonstrate an interest and skill in the Visual Arts. Students from diverse backgrounds work with equally diverse professional artists. This year-round program offers special projects as well as work sessions, with two working studios in the downtown area.



Mayor Jerry Abramson visiting Studio 2000.

Young people who are interested in a career in the arts have the opportunity to work with artists who are self supporting. Those who like creating with their hands have the opportunity to learn new skills while earning an income.

Upcoming events:

1. Art Exhibit on display through August 5th at the Bernheim Gallery of the Main Library.
2. Annual Summer Exhibit and Sales opens July 21st at Kentucky Center for the Arts. Silent auction items will be available for bids at that time. Awards ceremony on July 22nd at 5:00 p.m. with sale of tagged items to begin immediately after ceremony. Event closes at 7:00 p.m.
3. Smoketown Peace Benches dedication to be determined. These benches can soon be seen at the following locations:
 - 2 benches at the corner of Jackson & Kentucky - 1 at the TARC stop, the other nearby to honor Alice Merriwether and Zepher Mae Miller.



**GET CONNECTED!
LOUISVILLE METRO
OFFICE FOR WOMEN
LOUISVILLE WOMEN'S
LIST SERV**

Go to:

<http://www.loukymetro.org/ofw/>

Click on Yellow Box to
Get Connected

- 1 at Preston & Broadway (TARC) to honor Suzanne Sexton Singh
- 1 at Shelby & Broadway (TARC) to honor Camp Edwards
- 1 at Jackson and Lampton (TARC) by Meyzeek students

For more information contact: Bob Markert (502) 574-1365 or you may visit their website at <http://louisvillekyyouth.com/programs/studio2000.asp>.



HAVE YOU SEEN IT YET? The Office of Youth Development has launched their website with a fresh new look. It appeals to youth, and to those who work with youth. It has lots of flash and pictures. It gives descriptions of all of the programs offered by Office of Youth Development and how youth

can get involved. It also has links to youth oriented sites. The address is <http://www.loukymetro.org/Department/HumanServices/default.asp>.

Be sure to check the site often over the next few months as there are more changes to come as we begin to blend the www.oyes.org website into this new exciting website for the Office of Youth Development.

If you have any ideas for how the website can be improved or know of events that should be added, please contact Rebecca DeJarnatt, 574-0854, rebecca.dejarnatt@loukymetro.org.

Coordination and Collaboration

Community Strategic Planning Begins: The Health Department has begun a strategic planning process called MAPP - Mobilizing for Action through Planning and Partnerships. MAPP is a tool developed by the National Association of County and City Health Officials (NACCHO) and by the Centers for Disease Control and Prevention (CDC). It emphasizes the role of community residents, together with institutional professionals, in planning for improvements in community health.

On February 28th leaders from neighborhoods across the area met at the University of Louisville with health, business, and education professionals to begin the process. This group, called the Louisville Community Health Council, met again on March 10th to finalize a vision of what healthier community might look like and to adopt a list of values to be considered in implementing that vision.

Subsequent meetings over the next 12 to 18 months will formulate spe-

cific goals and strategies to improve our community's health. If you would like to get involved in the work of MAPP, phone 574-6525 or email Dave.Langdon@loukymetro.org.

External Agency Funding Profiles

The Arcadia Community Center (ACC) continues to provide services for the residents of the Arcadia Park Apartments, as well as the surrounding neighborhood, with their mission being empowerment toward the removal of barriers that impede self-sufficiency and promotion of understanding in a multi-cultural setting. Various programs attract all segments of the resident population in the area: adult, youth and children.

Currently, ACC offers English as a Second Language (ESL) classes five times a week, free of charge, to any community member looking to improve their skills in the English language. The Arcadia After-School Program and the Arcadia Summer Enrichment Program for neighborhood children and youth include field trips to local attractions and presentations from different community members. ACC also offers food pantry and clothing closet programs to assist residents.

Arcadia is currently working to upgrade the community center's computer lab, where residents will be able to access the Internet and have the ability to word process. Check out our updated website, www.arcadiacommunitycenter.org.

Again this summer, ACC welcomes the Community Action Partnership to help feed lunch to our summer camp kids. Also, Spalding University has committed to bringing their mobile health clinic to Arcadia once a month, and the Univer-

sity of Louisville has provided us with work-study students for our youth programs. Other community partners include Project Warm, Edge Outreach, Center for Women and Families, Louisville Night Hawks, Girl Scouts of Kentuckiana, the Jefferson County Cooperative Extension Office, the Office of International Affairs, and Operation Brightside.

We are happy to announce a new **Somali Women's Group**, made possible by a generous grant from the Kentucky Foundation for Women. ACC welcomes back Madina Sharif Hassan, a former resident returning to Arcadia to work with the Somali community, and also Jannan Poppen, who will be starting her yearlong VISTA term in July. ACC also welcomes five summer associates from the Americorps* VISTA program, along with two interns from University of Louisville, as well as many other community volunteers from Louisville high schools and universities.

Volunteering time to work with Arcadia families is a rewarding way to give back to the community and meet people from other parts of the world. Arcadia families represent over 17 different countries worldwide, and many are in need of sponsorship. Tutoring a child, donating furniture to new arrivals, or helping a resident find a job are some of the ways to help achieve their goals towards self-sufficiency. If you would like to help Arcadia Community Center, please contact Katie or Jannan at (502) 375-1819, or feel free to stop by and visit us at 1423 Arcade Avenue, Louisville, KY 40215.

II. Keeping Us Safe

Create a safer community through improved coordination, employee training and greater emphasis on prevention.

Safety

Louisville photographers spotlight children waiting to be adopted. The Shining Star Photo Gallery II premiered on July 6 with a reception at the Kentucky Center for the Arts and remained on display through Wednesday, July 13. It is the continuation of an effort begun last year. Twenty-one professional area photographers (see list below) donated their time and talent to create the portraits of children and sibling pairs from the state's Special Needs Adoption Program (SNAP) who are living in foster care. Twenty-three children were featured. The Kentucky Cabinet for Health and Family Services and WLKY Wednesday's Child -- a non-profit organization that promotes adoption -- were cosponsors of the display. U.S. Representative Anne Northup and Mary Gwen Wheeler, Louisville Metro Cabinet Secretary, were also guest speakers. In addition, the children, photographers and organizations that displayed last year's portrait collection were recognized at the reception.

Mike Robinson of the cabinet's Department for Community Based Services acknowledged that the state's roster of available adoptive families far outpaces its need. "Sadly, we always have children waiting in the wings for safe, loving homes," he said. "But we can improve their chances of adoption through projects like this gallery. These moving portraits show the true 'face' of SNAP and encourage more families to explore adoption."

The children featured in the portraits are a good representation of who SNAP works to find homes for, Robinson said. Many SNAP children may be considered more difficult to adopt because they are older, have medical needs or are part of sibling group.

Last year, the Shining Star Photo Gallery traveled to Louisville churches, businesses and cultural events. It also traveled statewide to adoption fairs, cabinet offices and the Capitol. Its biggest audience was at the Kentucky State Fair.

This first Shining Star Photo display concluded with several happy endings. From last year's collection of 19 portraits, five children, including one sibling pair, have been or are in the process of being adopted. Robinson called that a victory for the children and their new families. "Collaborations like this gallery will continue as long as they are successful in reaching the families who may be considering adoption, but just need a little more encouragement," he said.

Since 1979, SNAP has recruited adoptive families for Kentucky's waiting foster children. The children have been featured on WLKY's "Wednesday's Child," on WLEX's "Thursday's Child" in Lexington, in the SNAP photo book and on the SNAP Web page. To learn more about adoption and SNAP, log onto www.chfs.ky.gov/snap or www.wednesdayschild.com. Or call the cabinet at (800) 232-KIDS to request an information packet.

Businesses can schedule the Shining Star Gallery II to make a stop at their locations by contacting WLKY Wednesday's Child Executive Director Lynda Price at (502) 551-9419.

Photographers contributing to the exhibit were: Paula Ahrens, Bruce Anderson, Clinton Bennett, Geoff Carr, Bruce Cook, Laura Faber, Weasie Gaines Photography, John P. Gleason, Karen Herold, Vivian Knox-Thompson, Dean Lavenson, James Moses, David Modica, John Nation, Patrick Pfister, Debra Rose, Regina Thomas, Sam Upshaw, Keith Williams, Martha Work and Yono.

The Kentucky Foster Care and Special Needs Adoption Program has scheduled information meetings so that people can learn more about the program and its requirements. Those interested in attending should be prepared to complete the program application and police record check forms. You will also need to provide social security numbers and dates of births of all the members of your household. Reservations are not required but it is advised that you arrive promptly (doors will be closed once meeting begins). Children under the age of 18 will not be permitted.

Meeting Schedule:

July 19 - 6:00-8:00 p.m.
First Neighborhood Place
1503 Rangeland Road @ TJ Middle School

July 28 - 12:00-2:00 p.m.
Ujima Neighborhood Place
3610 Bohne Ave

July 28 - 6:00-7:30 p.m.
St. Stephens Church
1008 S. 15th Street

For more information, contact Velma C. Hunter, Recruitment Coordinator, 595-3277.

Health

Bridgehaven is developing a new Health and Wellness program initiative for members, a signifi-

cant number of whom have chronic physical health problems that contribute to and impact their psychiatric disability. Medical research suggests that persons with severe mental illness experience chronic and sometimes debilitating medical illness at a higher rate than the general adult population. Diabetes, high blood pressure, heart disease, lung disease and seizure disorders are common among Bridgehaven members. They also are more susceptible to obesity since weight gain is a common side effect of many psychiatric medications. A high incidence of smoking also contributes to less than optimal physical health.

Using a curriculum designed by the Eli Lilly Company, Bridgehaven is implementing a wellness program to assist members in acquiring the knowledge to better manage their physical health. Group sessions will focus on understanding various medical conditions and how mental and physical health are interconnected. Members will also participate in activities designed to promote the development of healthy habits such as regular physical exercise, following a nutritious diet, smoking cessation and adequate rest and sleep. Bridgehaven is receiving funding from the Louisville Metro Health Department to help cover the cost of implementing this program, and has also received several donated pieces of exercise equipment which members will be

able to use. Bridgehaven contact, Angela Rogers, Clinical Director, 585-9444.

H Health Department Working to Control West Nile. Health Department environmentalists are busy treating wet woods and other standing water sites throughout the community in an effort to control mosquitoes and prevent West Nile Virus.

West Nile hit the Louisville Metro Community hard three years ago during the summer of 2002. That year there were 28 cases of West Nile virus and 2 people died from the disease. Since then West Nile cases in our community have fallen dramatically, with only 1 human case of West Nile virus in the past 2 years.

Environmentalists are spreading time-release briquettes that inhibit mosquito hatch-offs. They are also collecting water samples to test for mosquito larvae. As mosquito populations reach adulthood, the Health Department then fogs to kill adult mosquitoes. Areas to be fogged are posted on the Health Department website at <http://health.loukymetro.org/>. Citizens may also phone the fogging hot line at 574-6641.

Now is the ideal time to eliminate sources of standing water on your property to help reduce mosquitoes. Water can collect in places you

BE A CONTRIBUTOR

Share information about your Agency, program or services with other service providers.

Send your articles to:
Communicate_submissions@loukymetro.org.

***Reminder that CQ is a quarterly publication.

might not think of such as clogged gutters, low spots on tarps and swimming pool covers, and old tires in the back yard. For areas where you can't eliminate the standing water, such as in ornamental ponds, there are various products now available at large department stores, hardware, pet stores and home, garden and pond centers that will inhibit mosquito breeding.

It's also a good idea to wear insect repellent if you're going outdoors, particularly in the early morning and early evening when the mosquitoes are most active. The CDC has recommended repellent containing 20–35 percent concentrations of DEET for adults and repellent with no more than 10 percent concentrations for children. This year the Centers for Disease Control is also recommending two other repellents for use, those containing picaridin and oil of lemon eucalyptus.

Wrist Band Initiative Discourages Teen Smoking. On this year's National Kick Butts Day, April 6th, a community coalition led by the Louisville Metro Health Department, Kentucky Action, the American Lung Association, and the American Cancer Society announced a new initiative to discourage youth smoking. The initiative is called Band4Life.

Band4Life wristbands signify the commitment of the young people wearing them to not begin smoking or, if they have begun, to quit. The wristbands are black to indicate the color that smokers' lungs become and area also localized with the Louisville "502" area code. The initiative is especially targeted to young African American men. Compared to white men and women and African American women, African American men have the highest smoking rates in Louisville.

Band4Life wristbands are being distributed through youth groups, schools, and churches. To get wristbands for your group, phone 574 – STOP (7867).

Healthy Start Grant Renewed: Mayor Jerry Abramson and Congresswoman Anne Northup announced on June 27 a multi-million dollar federal grant that will continue a program to reduce minority infant-mortality rates in Louisville. Over the next four years, the U.S. Department of Health and Human Services will distribute \$5.1 million to the Louisville Metro Health Department's Healthy Start program.

Healthy Start works to lower infant-mortality rates in several West Louisville neighborhoods. When the program launched in 1998, infants living in the target areas were twice as likely to die before their first birthday as children living in other neighborhoods.

Healthy Start operates out of three Neighborhood Place locations:

- Ujima in the DuValle Education Center
- Northwest at Shawnee High School
- Bridges of Hope on Algonquin Parkway

Healthy Start reaches out to pregnant women and women who've recently had children. Mothers receive prenatal care, childcare and parenting classes, and home visits from caseworkers to screen for safety hazards and depression.

Families receive "points" for participating in programs like completing parenting classes and having children vaccinated on schedule. Those "points" may be redeemed at Healthy Start stores in select Neighborhood Places for cribs, car seats, play pens, clothing and other baby items.

Since the program started seven years ago, there's been a 40% increase in participants receiving preventive care from a doctor, the number of low birth-weight babies has been cut in half, and participants record an infant-mortality rate of zero. This grant ensures the Healthy Start program will continue through 2009. For more information you can contact Allison Martin at 574-1909.

III. Promoting Education and Growing Jobs

Promote education to create better opportunities for all citizens and develop a higher skilled, knowledge-based workforce. Attract and nurture businesses and provide better paying jobs.

Education

Down Syndrome of Louisville Life Long Learning Center--The Life Long Learning Programs offer comprehensive and continuous educational services to maximize the potential of people with Down syndrome.

EARLY EDUCATION Program serving children birth through 5 years old provides a child-centered, activity-based, interactive model of service delivery (Home-based or group) that facilitates sessions that are reflective of a child's natural environment. We provide developmentally enhancing activities that utilize current best practices in early childhood education/intervention and address sensory integration issues. These individually designed sessions provide developmental intervention (DI) services to address all five areas of development, child's developmental goals and the family's concerns. This program provides support and parent education regarding community resources, child develop-

ment and issues associated with the unique learning styles of children with Down syndrome.

EDUCATIONAL RESOURCE / ADVOCACY SERVICES provides regularly scheduled workshops for parents and professionals to provide current and best practices in the development of people with Down syndrome. These sessions address transition through the person's educational career, IEP trainings, life and estate planning and medical and health issues. Resource materials and advocacy consultation are available to families and professionals.

TEEN/ADULT SKILL BUILDING Program offers Bi-Monthly group activities and an annual summer camp to develop skills to prepare them for independence as an adult in the community. Activities include literacy, cooking, health and fitness, community mobility, arts/leisure and social/personal relationship development. The activities utilize age appropriate community resources and peer mentor volunteers to promote relationships.

ADULT LITERACY Program serves as a post-high school education program for adults with Down syndrome to increase and maintain literacy skills. Academic skills targeted are reading, writing, spelling, math, counting/managing money, and computer literacy. Additional skills addressed in the program include time management, planning, record keeping, etc. Individual and group sessions are available. Monthly goals are developed based on the student's needs and assessment. Mastery of these skills leads to accelerated job placement, increased independence, and better quality of life.

FAMILY NETWORKING OPPORTUNITIES- A diverse selection of support and networking opportunities are offered monthly to persons with Down syndrome and their

families. Mom's and Dad's and grandparent's support groups meet on a monthly basis at various locations and times. The Fun Network brings families together for children with ages 8-12. Family outings for the entire membership offer a way for families to meet each other and establish friendships. Annual events include The Bats Ball game at Slugger Field, DSL Pro- Celebrity Golf Tournament, Halloween Party at the Zoo, The Buddy Walk and Pot Luck Suppers.

Educational Talent Search takes eighth graders to Chicago to prepare them for high school. Kentuckiana College Access Center (KCAC), a division of KentuckianaWorks, strives to make students and adults more successful in their pursuit of higher education. The primary purpose of Educational Talent Search (ETS), the student component of KCAC, is to help prepare and motivate middle and high school students to pursue higher education after graduating from high school. It is one of the Federal TRIO Programs funded through the U.S. Department of Education.

Part of that larger goal of ETS includes helping eighth grade students make a successful transition to high school. During the summer between middle and high school, ETS sponsors a summer program that offers additional intensified services to further aid students with this crucial transition.

This year's theme for the summer program is "Education...Priceless!" The program will emphasize the value of education and how education can benefit the student personally and socially. In daily class sessions, students will learn study skills and how to increase their grades. They will be introduced to information explaining how that will help them receive financial aid

for college. In addition, students will discuss with summer staff counselors what they can expect during their first year of high school: how to manage relationships; and how to be more successful personally as well as academically.

Students will stay on the University of Louisville campus for the first three days of the program and then travel to Chicago for three days to visit the University of Chicago and the Art Institute. They will also tour other Chicago attractions for cultural and educational experiences, including the DuSable Museum, Navy Pier, and IMAX Theater.

ETS supports our community's commitment of educational attainment. The program serves more than 850 middle school and high school students in selected schools in Jefferson County, Kentucky and Clark and Floyd Counties in Southern Indiana. Services provided to high school students include career and college counseling, ACT/SAT test preparation, financial aid information, and assistance applying for scholarships, financial aid and admissions to any institution of post-secondary education.

The KCAC provides educational services to our community for all ages. Our two area offices, located at 200 W. Broadway in Louisville and 1613 E. Spring Street in New Albany provide educational and career counseling for any member of the community interested in pursuing further education. This includes the completion of financial aid application, admission applications, career assessments, and rehabilitation of defaulted student loans. For more information about the KCAC, ETS, or any of the services offered, please call 502-584-0475, or log onto our website, www.kentuckianacollegeaccess.org. We help you reach your educational goals!

Back to School ReadyFest

⇒ **IMMUNIZATION CLINIC** ☆

Must bring Child's Immunization Record
Must be Accompanied by a Parent

⇒ **TALKSHOP TOPICS ON
ESSENTIAL ISSUES**

⇒ **SCHOOL SUPPLIES**

Free Basic School Supplies
Must Attend Talkshop Class to Receive Supplies
Student Must be Present to Receive Supplies

⇒ **SCHOOL UNIFORM / CLOTHES EXCHANGE**

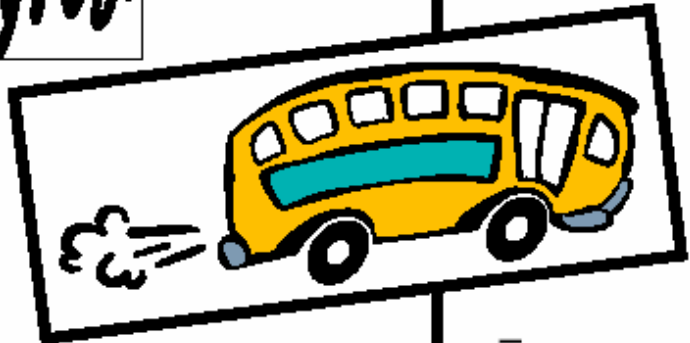
Bring your Clean / Gently Used School Clothes
and Exchange or Donate Them

⇒ **SCHOOL PHYSICAL EXAMS**

Must be Accompanied by Parent or Guardian
No Charge • **Must Call for Appointment**
Sports Physicals - \$15 Charge (1st Come / 1st Served)

⇒ **COMMUNITY HEALTH AND WELLNESS
INFORMATION AND
FAMILY FUN ORIENTED
RESOURCES AVAILABLE**

⇒ **LOTS OF FUN,
FUN, FUN!**



For More Information or to
Make an Appointment for School
Physicals OR Immunizations

Please Call
363-1459

**Monday, August 1
3 - 7 PM
Valley High School
10200 Dixie Highway**

Brought to you by:

Area Schools:

Conway Middle School

Doss High School

Layne Elementary School

Stuart Middle School

Trunnell Elementary School

Valley High School

Wilkerson Elementary School

Louisville Metro Community Action Partnership

Cane Run Neighborhood Place

South Jefferson Neighborhood Place

☆ Due to Federal Immunization
Guidelines, children under 19 will be
screened for eligibility in the "Vaccines
for Children Program" - Fees will then
be determined at the time of service.

Employment

Youth One Stop-- Jefferson County Public Schools Adult and Continuing Education is implementing a one-stop center for the youth of Louisville to address the specific barriers that young people face when entering the workforce. KentuckianaWorks is providing funding for the center. It will fill a need for the youth, as well as provide local employers with a higher-quality workforce. The Youth One Stop center will serve approximately 200 out-of-school, at-risk youths between the ages of 16-21. Of those recruited, up to 75 will be determined to be eligible for additional Workforce Investment Act (WIA) services.

The Youth One Stop model is built on a strong foundation of career guidance, instructional support, and connection to community resources to ensure the success of the youths served. Specifically, the center will offer:

- Job placement assistance in full-time, part-time, and summer jobs
- Career counseling and assessments
- Job readiness workshops
- On-site GED and skills upgrade classes
- Assistance in entering post-secondary education or training
- Courses in resume writing, office technology, medical terminology, conflict resolution, computers, financial literacy, and basic life skills
- Referrals for counseling and special services, as needed

Collaborative partners for the Youth One Stop center include: Louisville Metro Office of Youth Development; CREW Career Center; Kentuckiana College Access

Center; Jefferson Community College; Office of Employment and Training; Home Depot; United Parcel Service; Hyatt Regency; Humana, Inc.; Manpower, Inc.; Community Action Partnership; Citi Cards; Making Connections Louisville; The Salvation Army Boys and Girls Clubs; TARC; and Louisville Urban League. Contact Lorena Lasky at 485-3400 for more information.

IV. Enhancing Neighborhoods & Protecting Our Quality of Life

Create strong neighborhoods and protect and improve our Louisville quality of life.

Housing

Continuum of Care proposal submitted to HUD--The Coalition for the Homeless coordinated the successful completion of another Continuum of Care proposal to HUD. The final document prioritizes 26 programs for housing and services to homeless men, women, and children.

In order to maximize the potential amount of permanent supportive housing funding from HUD, the Continuum community charged a task force with exploring the possibility of a collaborative project.

The proposal calls for the development of 30 units of permanent supportive housing. The Continuum of Care community of homeless service providers believes this to be a model program with the agencies working together and developing best practices to better serve their program participants.

The partners include the Society of St. Vincent de Paul and Wellspring which serve men and women with substance abuse issues, severe mental illness, and/or dual diagno-

sis; Father Maloney's Boys' Haven and Home of the Innocents which serve young adults with disabilities; House of Ruth which serves people suffering from HIV/AIDS; and the Kentucky Housing Corporation (KHC) as the fiscal agent. Funding is maximized since KHC can ensure that resources go to subpopulations needing the most assistance.

Transportation

As a result of a \$10,000 grant from the LogistiCare Foundation, Bridgehaven will be able to enhance our efforts in another program area as well. The ability to use public transportation allows Bridgehaven members more freedom and independence and makes available many more options for recreation and socialization in the community. In partnership with LogistiCare and TARC, Bridgehaven members will learn to use and/or become more confident in using public transportation as they choose destinations of interest or necessity for them and determine how to access these destinations on the public transit system. Staff from TARC will assist Bridgehaven staff in the training sessions for members and LogistiCare staff will have the opportunity to volunteer as "mentors" for Bridgehaven members when they practice using public transportation in the natural community. This funding will allow expansion and enhancement of efforts to help members become more independent and exercise more choice in their lives. Members who complete the "course" will receive a free monthly TARC pass to encourage them to use public transportation to access recreational activities, medical appointments and other activities of daily living. Thanks to LogistiCare and TARC for their collaboration and support of this program expansion.

Neighborhood Place

Bridges of Hope Neighborhood Place was excited to learn about two grants coming our way. The

Healthy Start grant has been awarded to the Metro Health Department for another four years. The award announcement was made June 27 at a press conference at BOH, featuring Mayor Abramson, HD Director Troutman, and member of Congress Ann Northup. Parents and children enrolled in the program were present.

BOH NP is one of 5 NP's to receive a Title V Juvenile Justice grant to provide 20 weeks of programming for eighth grade youth. This Program is modeled on the BRIDGES - Building Resilient Intelligent Drug Free Graduates via Empowerment and Service -teen group that BOH NP held last summer. The program will be coordinated by Seven Counties Prevention Specialists and will include DFS Senior Social Workers, JCPS Program Specialists, DCBS Family Advocate, and OYD Neighborhood Youth Board coordinator, and the BOH Administrator.

July 21 is the date for this year's Back to School Safety Festival and mini-TALKSHOPS. Last year we served four hundred children. This year, we will again provide immunizations and school supplies, lots of exhibitor booths, and we have added "mini-TALKSHOPS, an overview of TALKSHOP parenting classes that will be held in the fall at Coleridge Taylor and Cochran elementary schools.

Here are some of the back to school event dates to plan for:

Bridges of Hope Neighborhood Place: Back to School Ready Fest is July 21st
South Jefferson Neighborhood

Place: August 1, 2005 from 3:00pm to 7:00pm @ Valley High School.

First Neighborhood Place: August 13th.

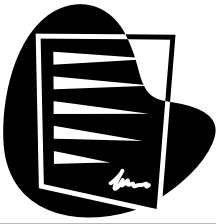
Cane Run Neighborhood Place Offers School Immunizations. Neighborhood

Place of the Greater Cane Run Area, 3410 Lees Lane, will have school immunizations August 11 and September 15, from 2:00 to 6:00 p.m. No appointment is necessary, but persons needing shots should arrive before 5:30 p.m. The child's shot records are required, and the parent or guardian must be present. Due to federal immunization guidelines, children under 19 will be screened for eligibility in the Vaccines for Children Program – fees will then be determined at the time of service. For additional information, call (502) 574-5380.





Bulletin Board



Disclaimer: Information in the Bulletin Board is presented as it was received by Communiqué. Neither Communiqué, the Louisville Metro Cabinet for Health and Family Services, nor its staff can be responsible for the accuracy of this information. It is strongly advised that persons interested in attending a particular event contact the sponsor(s) through the information provided in order to verify time, date, location, etc. Please also note any registration requirements and deadlines, which are included in the listings as we receive them.

SPECIAL EVENTS AND BENEFITS

Jeffersontown Area Ministries 10th Anniversary Celebration August 9: The celebration will take place on August 9th from 6:00 to 8:00 p.m. at the JAM office, Jeffersontown Community Center, 10617 Taylorsville Road, Jeffersontown. For more information, call (502) 267-1055.

VIPS Events in August--Visually Impaired Pre-Schoolers (VIPS) has several events planned for August. For more information about any of the events listed below, go to: www.vips.org.

August 1 - 5 Session III of Summer Enrichment for 3-5 year olds, focusing on readiness for kindergarten.

August 3 - 4 The Governor's Cup Classic and Cocktail Party to benefit VIPS will be held at the Cardinal Club.

August 20 3rd Annual Texas Roadhouse Stampede for VIPS, Bellarmine University, Knights

Hall. 8:00am. A two-mile walk and a five-mile U.S. Track & Field certified run that is open to blind and sighted participants.

August 20 VIPS Kids Fun Run, Highland Middle School, 10:30am. A community event for children 10 and under featuring short distance runs organized by age. Infants and toddlers are permitted to get a little help from their parents.

Ride to Win Benefits Special Olympics August 6--Set to roll on Saturday, August 6, the Fifth Annual Ride to Win will be a 125-mile poker run that will rumble throughout Central Kentucky with stops in Richmond, Winchester, Paris, Georgetown and a big finish in Nicholasville. Country music star John Michael Montgomery returns to the Ride to Win to host the post-ride entertainment. For more information about the Fifth Annual Ride to Win, contact Special Events Director Courtney Sullivan-Staples at (800) 633-7403 or (502) 695-8222.

Back to School ReadyFest August 1--A host of community partners will be sponsoring this year's Back to School ReadyFest at Valley High School, 10200 Dixie Highway, from 3:00 to 7:00 p.m. The ReadyFest event is for families living and attending school in the SouthWest area of Louisville Metro. For the past four years, this event has provided the community with an opportunity to get a jump on the beginning of school. The ReadyFest event provides school supplies, school physicals, immunizations, and sports physicals. This year will also include a series of 30-minute information sessions on topics important to families. For more information, please call (502) 363-1459.

CONFERENCES, STAFF TRAININGS AND SEMINARS

Families Connecting with Families Conference August 12-14. The following agencies have joined together to plan the first Na-



Get CQ Updates by Email

Receive Bulletin Board updates in your email every month! Every month, at or around the 15th, the Communiqué update is emailed out, featuring updated information about events, meetings, and trainings, many of them received after the current issue has been published. If you would like to receive this once a month mailing, send your email address to eddie.mitchell@loukymetro.org. Items for inclusion in the update mailing and the Bulletin Board section of Communiqué can also be sent to that address.

tional Family Conference: American Printing House for the Blind, Delta Gamma Center for the Visually Impaired (St. Louis), Hadley School for the Blind, Indiana School for the Blind, Kentucky School for the Blind, National Association for Parents of Children with Visual Impairments, National Organization for Albinism and Hypopigmentation, University of Louisville, and Visually Impaired Preschool Services (Louisville). A great deal of hard work and planning has gone into the preparation for this conference, and it will undoubtedly be a tremendous success. The theme for the National Family Conference (NFC) is "Families Connecting with Families!" The NFC will provide families the opportunity to meet other families, share with other families, and learn from other families. The conference will be held at the Galt House. For more information and registration forms, go to: <http://www.aph.org/advisory/nfc.html>.

2005 Kids Are Worth It! Conference August 31-September 1. Prevent Child Abuse Kentucky is pleased to announce the 2005 9th Annual **Kids Are Worth It!** State-wide Child Abuse and Neglect Conference. This premiere event will be held August 31 through September 1, 2005 at the Marriott Griffin Gate Resort, in Lexington, KY. The conference will continue our tradition of offering diverse yet specialized training. For more information, go to www.pcaky.org.

CNPE Offers Friday Forum on Board Leadership August 5. When you're trying to convince a potential benefactor to award you with a major grant or attempting to influence the strategic direction of your organization, you're engaged in a narrative exercise actually called organizational storytelling. No group can succeed without pos-

sessing this critical skill. Come find out how you can increase your board's leadership effectiveness in this critical area. To register, go to www.cnpe.org.

Congratulations to Cindy Venable of the Louisville Metro Office for Aging and Disabled Citizens! She was the

CONGRATULATIONS

recipient of the 2005 Promoting Health and Independence Award from Metro United Way. The award recognizes someone who has helped people with disabilities achieve their potential or helped older persons and others maintain healthy and independent lives.

The Center For Accessible Living will be starting a collection of men's suits for low-income consumers to bor-

RESOURCES

row for interviews. CAL will be able to loan the suits to their consumers, so they have the best possible chance to make a great first impression on their potential employers. If one suit can help one consumer get one job, then this will be well worth the effort. Donations will be an important part of this project. Please also pass this email along to anyone who might be able to help with a donation. For more information, call (502) 589-6620.

Bridgehaven Bridge Builder Luncheon August 24. If you are interested in learning more about Bridgehaven please come to one of their free one-hour Bridge Builder luncheons. The August luncheons will be held on August 10 and 24. Please call Tamara Kinney at (502) 585-9444 to RSVP.

Senior Nutrition opens a new site in Jefferson-town. Louisville Metro Senior Nutrition has opened a new nutrition site in Christ Lutheran Church on the corner of Taylorsville Road and Six Mile Lane. The site is open Monday through Friday from 9:00 am to 1:00 pm. Meal reservations are required one day in advance call (502) 797-5767. Though there is no cost for the meal, a donation is encouraged.

Senior Nutrition sites are scattered throughout metro Louisville and are generally open four hours per day. The requirements are that a person must be 60 years old or older or the spouse of someone 60 years old or older. There are no income guidelines. For additional information, or to find a location near you, call (502) 574-6325.

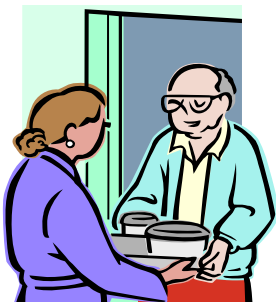
Online Food Stamp Pre-Screening Tool Available. Kentucky now has access to the Food and Nutrition Service pre-screening tool that enables potential recipients to determine if they may be eligible for food stamp benefits. The tool is a very simple and condensed questionnaire with an available online help section. It addresses general eligibility requirements and gives an estimate of possible benefits. It also explains that actual eligibility must be determined by an eligibility worker through the official application process. This pre-screening tool may be accessed at: [HTTP://CHFS.KY.GOV/DCBS/DFS/](http://CHFS.KY.GOV/DCBS/DFS/). The link is one the upper right hand side of the page.

Way to Grow! Receives Contributions, Solicits Donations. The Way to Grow! Incentives Program for Young Families operated by Neighborhood Place of

DONATIONS AND VOLUNTEERS NEEDED

the Greater Cane Run Area and other area partners has had the good fortune of recent contributions from two sources. The Kentucky Colonels earmarked a contribution of \$1,000 applied for through Shively Area Ministries to purchase ten cribs for the program. In addition, The Freshman Class at Butler High School made the program the beneficiary of their class gift of \$500. Class officers used the funds to restock the program's supply of diapers, wipes and crib mattresses. Keeping the "baby store and more" fully stocked has been a challenge and the collaborative is on the lookout for other groups in the 40216 and 40258 zip code areas who are willing to make contributions or collect materials in high demand. Scouting organizations, bunko clubs, faith-based organizations, and other civic-minded groups with an interest in helping can call at (502) 485-6822.

Meals on Wheels Needs Delivery Volunteers—Meals-on-Wheels is looking for volunteers to deliver lunchtime meals to homebound senior citizens. There are many senior citizens living in this area that are un-
re-
on-



able to receive Meals-

Wheels due to a severe shortage of volunteers. Volunteers must complete an application and have a police records check. Meals are picked up around 10:00 a.m. and delivery takes about 1 hour. Training is provided. Call (502) 574-

6420 for more information.

MUW Has New Phone Numbers. Metro United Way has installed a new phone system, with new direct lines for each staff member. They also have direct fax lines that show up as emails. Also please note that email addresses now are first.last name for everyone. (The old addresses

CHANGES

are good for few more months.) When dialing (502) 583-2821 you will still reach the operator and can be routed to your party. Dialing (502) 583-2822 will reach a recorded prompt allowing you to enter last name to get extension number.

Emberton to Lead DCBS. Tom Emberton Jr., has been named new commissioner of the Department for Community Based Services (DCBS). He officially began his duties July 1.

Emberton is a U.S. Navy veteran who served from 1987 to 1992, spending his final year as a command training chief. He graduated from Western Kentucky University with a bachelor's degree in general health studies, and has master's degrees in management and health services administration from Troy State University and the University of Evansville, respectively.

Most recently, Emberton served as executive vice president of the North American Resource Group, an oil and gas development company in Glasgow, where he was responsible for compliance and communication. Prior to that, he was director of operations at Kindred Healthcare/Vencor in Owensboro for five years and held positions at Rosewood Healthcare/Vencor and Sunrise Healthcare in Bowling Green. He also has served in management positions at Ken-

tucky nursing homes and rehabilitation facilities.

Children and Family Services Undersecretary Eugene Foster, Ed.D., calls Emberton a good fit for the DCBS leadership post.

"Commissioner Emberton brings to the job the staff development and management experience necessary to coordinate almost 5,000 employees across the state whose goal is to deliver quality family services every day," he said. "I look forward to working with him on projects like DCBS modernization and refining policy to better serve customers."

He's yet to establish specific department goals, but Emberton said he wants to improve upon the department's already strong service foundation. "I want to build upon that so we can make more opportunities.... Our ongoing challenge is to meet our public's needs and fulfill our obligations with our available resources."

Louisville Metro Cabinet for Health and Family Services is comprised of the following departments and agencies. In addition, the individuals listed serve as Cabinet representatives on the Communique Editorial Board:

Louisville Metro Human Services <http://www.loukymetro.org/Department/HumanServices>
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Office of Youth Development [http://www.loukymetro.org/Department/Human Services/oyd](http://www.loukymetro.org/Department/HumanServices/oyd)
Elizabeth Stith – elizabeth.stith@loukymetro.org

Louisville Metro Health Department <http://health.loukymetro.org>
Dave Langdon – dave.langdon@loukymetro.org

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Lynn Howard – lynn.howard@loukymetro.org

Family Health Centers <http://www.fhclouisville.org>
Sharron Alexandersmith – salexandersmith@fhclouisville.org

KentuckianaWorks <http://www.kentuckianaworks.org>
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Community Action Partnership (CAP) <http://www.loukymetro.org/Department/cap>
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Communique is now available via the Internet! Check us out at: www.loukymetro.org/Department/HumanServices/

Let us know if you would like to receive an email reminder when each issue of CQ is ready to view by emailing: tina.lentz@loukymetro.org. Put “**Add to CQ email list**” in the subject line.

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