

Louisville Metro Human Services (LMHS) has been the recipient of the Senior Nutrition Services funding and has administered the program since 1974.

The federal Older Americans Act provides funding for senior centers and mobile meals (meals on wheels.) The intent of the Act is to promote dignity and independence and to keep older people active and involved in the community.

Senior Centers promote improved health through improved nutrition. It also offers seniors an opportunity to combine food with fellowship. Reservations are required one day in advance.

LMHS works in partnership with a network of volunteers and community agencies to deliver meals to homebound older persons. Community-based non-profit agencies coordinate volunteers to deliver meals in their neighborhoods.

The Home Delivered Meals program does not discriminate in employment or in the provision of services on the basis of disability, sex, race, color, religion, age, national origin, sexual orientation or gender identity.



Jerry E. Abramson
Mayor

Louisville Metro Council

Louisville Metro Human Services Senior Nutrition Program is funded in part under a contract with KIPDA through the Kentucky Cabinet for Health and Family Services with funds from the U.S. Department of Health and Human Services.

For further information contact:
Louisville Metro Senior Nutrition
574-6325

Website: [www.louisvilleky.gov/](http://www.louisvilleky.gov/Department/HumanServices/SeniorCitizenServices)
Department/HumanServices/
SeniorCitizenServices

Home Delivered Meals



Come join the
Volunteer Team of
Meals on Wheels
Call: 574-6420

HOME DELIVERED MEALS

Do you have an illness or handicap that prevents you from cooking? Homebound persons age 60 and over may be able to enjoy a nutritious meal Monday through Friday (delivered to their home). To receive Home Delivered Meals, you must apply for the program. A trained worker will visit you to find out about your situation and determine if you are eligible for the program. Contributions up to \$4.00 per meal are encouraged to cover the cost of the program. Friendly volunteer drivers deliver the meals.



The Louisville Metro Nutrition Meals on Wheels Program serves approximately 700 hot nutritious meals daily to homebound elderly citizens throughout Metro Louisville.

ELIGIBILITY

- An individual over 60 years of age (and the spouse of that person, regardless of age) who:
- Has no one in the home able to prepare nutritious meals on a regular basis; and/or
- Because of illness or incapacitating disability, is unable to attend a congregate site.
- A non-elderly (under age 60), disabled individual who is a member of a non-institutional household with an elderly person who meets the eligibility criteria.

Do you like to get out of the house and socialize? There are many Senior Centers and Nutrition Sites scattered around Metro Louisville. For more information, call 574-MEAL (6325).

HOME DELIVERED MEAL PROVIDERS

Louisville Metro Human Services
Senior Nutrition Program
810 Barret Avenue
If you live in a neighborhood not served by other agencies or if you don't know which agency to contact, CALL: 574-6325

Eastern Area Community Ministries
Serves eastern Jefferson County.
CALL: 244-6141

HCM Senior Services
Serves residents of the Highlands.
CALL: 459-0132

Jewish Community Federation
Serves Kosher Meals only.
CALL: 459-0660

Kling Neighborhood Center
Serves residents of Old Louisville.
CALL: 636-3424

South Louisville Community Ministries
Serves residents of south Louisville.
CALL: 367-6445

Southwest Community Ministries
Serves residents of southwest Jefferson County.
CALL: 935-0310

United Crescent Hill Ministries
Serves residents of Crescent Hill.
CALL: 893-0346

West Louisville Community Ministries
Serves residents of west Louisville, south of Broadway.
CALL: 778-2815