



take

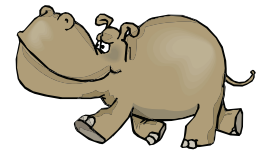
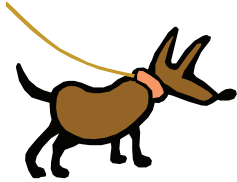
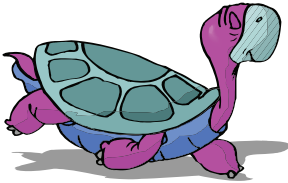
The Stairs!

Climb your way  
to your best health!



(502) 574-6663  
[www.louisvilleky.gov/health](http://www.louisvilleky.gov/health)

**PLEASE TAKE ONE**  
Post by the elevator  
at your worksite to  
encourage people to  
**use the stairs.**



Hoofing it...  
 The fun way to go!  
 (on foot)



(502) 574-6663  
[www.louisvilleky.gov/health](http://www.louisvilleky.gov/health)

**PLEASE TAKE ONE**  
**Post inside doors at**  
**your worksite or at**  
**home to:**  
**Encourage Walking**