

Recipes by chef Nancy Russman©2008

Chicken Wings with Herbs de Provence

| Ingredients | Amount |
|--------------------------|-----------------------|
| Chicken wings | 8 each (4 per person) |
| Lemon juice | ¼ cup |
| Oil, canola | ¼ cup |
| Garlic, fresh minced | 2 cloves |
| Herbs de Provence, dried | 1 ½ teaspoons |
| Salt and Pepper | To taste |

Method:

- Mix the lemon juice, oil, garlic, herbs and salt and pepper in a bowl
- Put wings in the bowl and coat with the lemon/oil mixture
- Marinate in the refrigerator for 1 – 3 hours
- Grill on medium hot grill turning about 4 times
- When done eat!!!!!!