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## **Parents, Teachers Learning CPR; Students Are Next**

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Randi Calbert knows the importance of cardio pulmonary resuscitation, having once had to use it on her 3-year-old son.

"I was scared," said Calbert. "Now, I think I could do it," she said after taking a CPR Anytime course yesterday. The class "makes you more comfortable."

CPR Anytime is a kit, complete with an inflatable practice dummy and an instructional DVD, that teaches people the basics of CPR.

Yesterday, about 140 teachers and parents learned how to use the kit as part of the first step in a plan to educate students in Jefferson County Public Schools.

The teachers are part of the Health Promotion Schools of Excellence program, which involves 62 schools, including seven Catholic schools, said Bonnie Ciarroccki, coordinator for the program. Fourth-, seventh- and ninth-grade students in those schools are expected to get the kits.

Eventually, the plan is to give kits to seventh- graders in all public schools.

Dr. Neal Richmond, director of Louisville Metro EMS, said it will take about \$1 million to give the kits to students over the next three years. In partnership with the American Heart Association, they hope to acquire grant money, Richmond said. Little of that money has been secured to date.

"We're really trying to push the envelope in this country," Richmond said of the program. Some other communities, including Cleveland and Charleston, W. Va., are working on similar efforts.

Ciarroccki said she thinks the benefits are immeasurable in teaching not only teachers, but also students, about CPR.

"It'll save lives," said Ciarroccki, whose father died of a heart attack. No one he worked with knew CPR.

Richmond said the program would target about 12,000 students per year. Those students

can then take their kits home and train members of their families. The goal is to train about 100,000 people in Louisville.

Chantry Hall, a teacher at Jacob Elementary, said the kit is easy to use and learn . And it's necessary.

"It needs to be extended to the community," she said. "More people need to know how to do CPR."

And with the simple technique, Fred Copass, the health teacher at Holy Cross, said it will be easier to teach CPR to young people than it ever has been.

"They made it so easy now that just about anybody can learn this," Copass said. "I'm excited about teaching it now."

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