



# senior**nutrition**

## **Louisville Metro Senior Nutrition: Meals on Wheels Needs Your Support!**

Your support of time and/or money can make a big difference in the life of a senior citizen. With your monetary gift, you can be assured that your donation is actually going towards providing meals for senior citizens living right here in YOUR hometown.

Supporting through financial gifts:

- A donation of \$1500.00 provides one meal per day for one person for an entire year
- A donation of \$375.00 provides food for an entire “Meals on Wheels” route (12 clients) for one week.
- A donation in any amount is much appreciated and can truly make a difference. ALL DONATIONS support Meals on Wheels and the Senior Congregate site program.

[Click here](#) to Donate on-line.

Donations can also be mailed to:

Louisville Metro Senior Nutrition Program  
810 Barret Avenue  
Louisville, KY 40204

*(Please make checks payable to Louisville Metro Senior Nutrition. Contributions to the Louisville Metro Senior Nutrition Program may be tax deductible to the extent allowed by the law. Please check with your tax advisor. THANK YOU.)*

### **Supporting with a gift of time:**

With your donation of just one hour per week, you can directly become responsible for feeding 10-12 clients in one of our Meals on Wheels home delivered service routes. Volunteers are needed throughout the metro area. To learn more about his program, please contact us at 574-6325 or via [e-mail](#).