

Fresh Fruit Salsa Chicken Salad

Fruit Salsa

Ingredients	Amount
Strawberries, topped & diced	1 pound
Peaches, pitted and diced	2 each
Cucumber, peeled, seeded, diced	1 medium
Green onions, diced	6 each
Mint or Cilantro, chopped	¼ cup
Jalapeno, diced (optional)	1 small
Lemon juice	1 lemon

Method:

- Put diced and chopped ingredients together in a bowl, add lemon juice
- Mix and refrigerate until ready to serve.

Fruit Salsa Chicken Salad

Ingredients	Amount
Fruit salsa	1 cup per serving
Chicken, cooked diced	½ cup
Lettuce	For bottom of plate

Method:

- Place a couple of leaves of leaf lettuce or a small handful of spring mix on bottom of a plate
- Place fruit salsa on top of lettuce
- Top with chicken, serve