



# Louisville Metro Department of Corrections

## Inmate Programs and Services

### Partnering Agencies

Louisville Metro Re-Entry Task Force

Louisville Metro Community Action Partnership

Louisville Metro Free Public Library

Kentucky Vocational Rehabilitation

The Neighborhood Place

Spaulding University

Jefferson County Adult Education

Jefferson County Public Schools

### Homeless and Emergency Night Shelters

#### **Center for Women and Families**

927 South 2nd Street  
581-7222

#### **Wayside Christian Mission**

812 East Market Street  
584-3711

#### **The Healing Place (Men)**

1020 West Market Street  
583-0369

#### **St. Vincent de Paul Ozanam Inn (Men)**

1034 South Jackson Street  
584-2480

#### **The Healing Place (Women)**

1607 West Broadway  
568-6680

#### **Salvation Army**

831 South Brook Street  
625-1170

#### **Haven House**

1613 East 8th Street, Jefferson-  
ville, Indiana  
285-1197

*This program book is subject to change at any time.  
Revision date: March 1, 2009 by Jamie Allen*



**Louisville Metro Department of Corrections  
400 South Sixth Street  
Louisville, Kentucky 40202**

**Serving Justice with Duty, Integrity and Professionalism**

*Revised 3/09*

## Louisville Metro Department of Corrections Inmate Programs and Services



*“One of our key program objectives at the Louisville Metro Department of Corrections is to provide inmates with the opportunity to keep busy and leave here more knowledgeable and responsible than they were before they came here. We have made significant strides in this area and we have a great programs staff that takes pride in our delivery of these services.”*

*Director Mark E. Bolton*

## Louisville Metro Department of Corrections Inmate Programs and Services

### ROAD CREW PROGRAM

Inmates with court-ordered releases interested in working in the Community Work Program may request to be placed on the roster who will be monetarily compensated and receive sentence credits.

### COURT MONITORING PROGRAM

Louisville Metro Department of Corrections Court Monitoring Center will monitor and report to the sentencing court the status of individuals on treatment programs ordered by the court. The Court Monitoring Center will serve as a liaison between the sentencing court and treatment providers for individuals ordered into treatment programs and will monitor incarcerated as well as non-incarcerated offenders.

### HOME INCARCERATION PROGRAM

Louisville Metro Department of Corrections offers the Home Incarceration Program as an alternative sentencing option for those individuals determined to be eligible by the sentencing court. A participant in the Home Incarceration Program will be required to wear a monitoring device and follow all the rules and regulations of the program. Any person serving their sentence under conditions of home incarceration will be responsible for their food, housing, clothing and medical care expenses.

## Louisville Metro Department of Corrections Inmate Programs and Services

### WORK AIDE PROGRAM

Louisville Metro Department of Corrections will provide as many inmates as possible the opportunity to work productively in internal work assignments consistent with their security, supervision requirements and the needs of the Department. Inmates assigned to the Work Aide Program are monetarily compensated and/or receive sentence credits.



## Louisville Metro Department of Corrections Inmate Programs and Services

### MISSION STATEMENT

The Louisville Metropolitan Department of Corrections (LMDC) enhances public safety by controlling and managing offenders in a safe, humane, cost-efficient manner, consistent with sound correctional principles and constitutional standards.

LMDC is committed to excellence, emphasizing accountability, diversity, integrity and professionalism. We shall assess offender's needs and provide services that assist the offender in transition and reintegration back into the community.

### VISION

The Louisville Metropolitan Department of Corrections is an innovative leader within the corrections profession and is an integral component of the criminal justice system. The Louisville Metro community is a safer place to live and work because LMDC provides services and programs that allow for appropriate management and supervision of offenders.

### CORE VALUES

Provide leadership in public safety and ensure model practices in the control, supervision and management of offenders.

Create and consistently enforce practice to ensure a safe and healthy environment in all our operations.

Create a highly effective workforce which practices and demonstrates the highest professional standards.

Develop and implement quality programs and services that provide offenders the opportunity for positive change.

Recognize the interest of victims, volunteers, and criminal justice providers; and acknowledge their input in the Department's management of offenders.

# Louisville Metro Department of Corrections Inmate Programs and Services

## **PROGRAM SERVICES**

Louisville Metro Department of Corrections provides programming consistent with the needs of the inmate population and ensures that inmate programs and services are available. Programs include; social, services, religious services, recreation and leisure time activities. LMDC is committed to providing a continuum of services to address inmate's needs from initial intake until discharge, in order to assist in a successful transition back into the community. LMDC prohibits discrimination based on disabilities in the provisions of services, programs and activities.

LMDC will operate programs in an effort to meet the needs of the inmate population. All programs are reviewed annually and updated to ensure the needs are consistent with the intended objectives of the Department.

All Programs offered by LMDC are facilitated by employees and/or volunteers. Inmates are not authorized to facilitate any programs. Inmate Programs and Services include the identification and use of all available community resources.

The Volunteer Services Program at Louisville Metro Department of Corrections is designed to enhance and expand services/programs to the inmates at LMDC facilities. The screening and selection of volunteers allows for recruitment from all cultural and socioeconomic parts of the community. Clear lines of accountability, responsibility and authority have been established and communicated to staff and volunteers. All volunteers undergo a thorough official registration and identification process prior to conducting or providing program services at LMDC. Additionally, LMDC will ensure that each volunteer completes an appropriate, documented orientation training program prior to assignment.

# Louisville Metro Department of Corrections Inmate Programs and Services

## **PRE-RELEASE PLANNING**

In order to provide a continuum of care to the inmate population and strive to decrease the rate of recidivism, a collaborative plan is developed by the Senior Social Worker in conjunction with counselors, mental health, medical, volunteer and religious service staff to identify strengths, resources and needs of inmates during incarceration and upon release. Screening, assessment and case management services is provided for those inmates who meet the eligibility requirements of the Pre-Release Program.

## **TURN IT AROUND PROGRAM**

Louisville Metro Department of Corrections in collaboration with Family and District Courts of Jefferson County has established the Turn It Around Program. This program allows individuals sentenced on contempt for non-payment of child support to voluntarily participate in the Home Incarceration Program. Inmates who are eligible for this program have authorized job search and work releases. The participant must complete the twelve week program and be current on child support payments from the date of entry into the program.

## **WORK RELEASE PROGRAM**

Louisville Metro Department of Corrections permits inmate participation in work or educational release programs. KRS 439.179 Release of Misdemeanants provides for the temporary release privilege of any person sentenced for a misdemeanor, nonpayment of a fine or forfeiture, contempt of court; and designated alternative sentencing and pre-trial felonies as determined by the courts from the physical confines of LMDC by judicial order.

Prior to any inmate being permitted to leave the facility to participate in the work release program, the inmate will receive a mandatory, thorough orientation addressing release privileges, departmental and facility rules, stipulations and possible sanctions.

## Louisville Metro Department of Corrections Inmate Programs and Services

### ACADEMIC PROGRAMMING

Louisville Metro Department of Corrections provides inmates access to educational programs through Jefferson County Adult Education as well as the opportunity to take the GED (General Education Diploma) Test.



All inmates are evaluated during orientation for suitability to participate in the GED Program.

Upon placement into a GED class, instructional and resource material is readily available for inmates from the instructor. Jefferson County Public Schools Adult Education administers the GED Program. Educational records are maintained by JCPS in accordance with state and federal laws governing privacy and confidentiality rights. The GED test is administered once a month for both the male and female inmate population in both facilities.

### 12 STEP MEETINGS

Community members of Alcoholics Anonymous and Narcotics Anonymous provide weekly twelve step meetings for both female and male offenders, sharing their experience, strength and hope.

### MILITARY RECRUITMENT

Louisville Metro Department of Corrections works with local military recruiters targeting offenders who may be eligible for enlistment.

## Louisville Metro Department of Corrections Inmate Programs and Services

### ENOUGH IS ENOUGH PROGRAM RECOVERY

Enough is Enough Recovery Program was developed out of the need to provide additional assistance to the increasing population of recovering addicts who have chosen a life of sobriety over addiction. Enough is Enough Recovery Program was founded in an effort to reduce recidivism and provide help to drug offenders. Enough is Enough Recovery Program is designed to assist males in recovery with their re-entry into society as productive, responsible individuals through a ninety (90) day structured daily living approach. Through Enough is Enough Recovery Program, residents will receive the necessary tools needed and be provided with the resources that will aid in their successful re-entry.

The key components of this program include the following:

To integrate alcohol and other drug treatment services with the justice system case processing;

To identify eligible participants early and promptly place them in the recovery program;

To provide access to a continuum of alcohol, drug and other related treatment and rehabilitation services;

To monitor abstinence by frequent alcohol and other drug testing;

To coordinate a strategy to govern the recovery programs' responses to participants' compliance;

To monitor and evaluate the measure of achievement of the program's goals and effectiveness.

# Louisville Metro Department of Corrections Inmate Programs and Services

## MISSION

Enough is Enough Recovery Program seeks to empower individuals by increasing their self-sufficiency through a case planning and management process which will include goal setting, self-evaluation, adult education, job training, and budgeting finance.

## PHILOSOPHY/GOALS

The program is based on client rights (e.g. self-determination) and responsibilities, and it enhances an individuals basic living skills so that they may secure housing (upon release), experience stability, and are able to prevent the return to the condition of dependency.

## PROGRAM OUTLINE

Enough is Enough Recovery Program is a jail treatment-oriented program that targets participants whose major problems stem from substance abuse. The mission of the program is to create an environment that stops illicit drug use and related criminal activity while promoting recovery.

Inmates may be accepted into the program through referrals from counselors/mentors, the courts or by probation referrals made by the sentencing Judge.

When approved for entry into the program, SAPC staff works with the participants to develop Individualized Treatment Plans. The plans outline specific responsibilities and goals with timetables. The plans may include group, family and individual counseling; frequent and random drug testing; educational and vocational training. The program is performance-based with measurable expectations and accountability.

# Louisville Metro Department of Corrections Inmate Programs and Services

## RECOVERY PROGRAMS

**Teen Challenge** is a program provided to the female population that includes instruction on relationship building, addiction recovery and spiritual growth.

**Turning Point** is a program provided to the male population that includes relationship building, addiction recovery and spiritual growth.



## LIFE SKILLS

**New Beginnings** is a women's transitional program that provides female offenders with a program based on recovery, self awareness and spiritual development.

## BATTERERS INTERVIENITION PROGRAM (BIP)

Louisville Metro Department of Corrections will provide inmates with the Batterers Intervention Program when ordered by the Jefferson County District, Family or Circuit Courts. Inmates who are court ordered to participate in the program will be assessed by a certified provider who will determine eligibility. Inmates who are accepted into the program will attend weekly domestic violence treatment sessions for twenty-eight weeks until completion.

# Louisville Metro Department of Corrections Inmate Programs and Services

## RELIGIOUS PROGRAMMING

Louisville Metro Department of Corrections ensures the constitutional rights of inmates to voluntarily practice their own religious activities and access to religious resources subject to those limitation necessary to maintain the order and security of LMDC facilities.

The Departmental Chaplain is responsible for providing religious activities and developing community resources to meet the religious needs of all inmates to include the following services;

Bates Memorial	Jehovah Witness
Bible Baptist	Landmark Baptist Church
Catholic Services	Merry Heart Ministries
Central District Laymen	Midwest Church of Christ
Church on the Rock	Ministries Team
Corinthian Baptist	More Grace
Evangel	Muslim Services
Faith Christian Community	New Zion Baptist
First Virginia Baptist Church	Pathway House of Prayer
Gallee Baptist Church	Southeast Christian Church
Gideons	St. James
Greater New Hope	St. Stephens
Greater Salem	Trinity World Outreach Center
Haven of Rest	Zion Baptist



## MINIMUM ELIGIBILITY REQUIREMENTS

- Applicant must admit to a drug/alcohol problem;
- Applicant must have a willingness to participate fully in treatment and aftercare programming in the community;
- Applicant must be able to complete ninety (90) days of treatment within the jail treatment facility;
- Applicant must be pre-sentenced;
- Applicant must demonstrate adequate institutional adjustment as evidence by adherence to jail rules and regulations. An applicant's overall record of institutional adjustment will be considered before a final decision is reached on their application;
- Applicant must be likely to benefit from treatment; Program staff with make this determination.



Ken Wright developed and implemented the Enough is Enough Treatment Program for men in an effort to reduce recidivism and provide help to drug offenders. He has worked in the substance abuse and Criminal Justice Field for 22 years, six of those years in a Drug Court setting. First as a clinician, then court liaison, and finally as the Clinical Director. Mr. Wright received a Bachelor's Degree in Organizational Management, and is a Certified Alcohol Drug Counselor. He is also a Certified Alcohol Counselor from the University of California Los Angeles.

## Louisville Metro Department of Corrections Inmate Programs and Services

### PATHWAYS RE-ENTRY PROGRAM

The mission of the Pathways Re-Entry Program is to offer effective jail-based programming alternatives to offenders. The re-entry program will help to maximize the opportunities for successful reintegration into our community upon release using a comprehensive continuum of care model.

#### PHASE I

Institution-Based Programs. These programs are designed to prepare offenders to reenter society. Services provided in this phase will include education, mental health and substance abuse treatment, job training, mentoring and a full diagnostic risk assessment.

#### PHASE II

Community-Based Transition Programs. These programs will work with offenders prior to and immediately following their release from our correctional institution. Services provided in this phase will include, as appropriate, education, monitoring, mentoring, life skills training, assessment, job skills development mental health and substance abuse treatment.

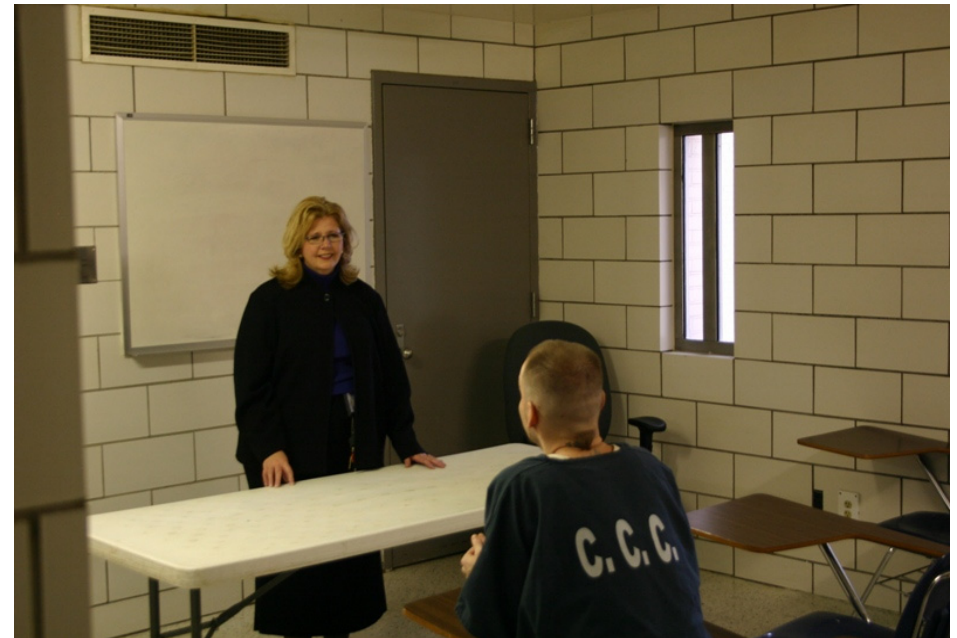
#### PHASE III

Community-Based Long Term Support Programs. These programs will connect individuals who have left the supervision of the justice system with a network of social service agencies and community-based organizations to provide ongoing services and mentoring relationships.

This is a voluntary program for misdemeanor offenders incarcerated for approximately 90 days or more at the Community Corrections Center. The focus of programming is on alcohol and drug related issues, employment goals, housing and other reintegration needs.

## Louisville Metro Department of Corrections Inmate Programs and Services

Louisville Metro Department of Corrections is a member of the Louisville Metro Re-Entry Task Force. The task force has over 140 community and faith based members. The task force acts as an umbrella organization and clearing house for all ex-offender re-entry programs, initiatives and funding opportunities.



Linda Zundel, Sr. Social Worker, developed and implemented the Pathways Re-Entry Program in Louisville Kentucky. Ms. Zundel has been employed with Louisville Metro Department of Corrections since 2005. Ms. Zundel possess a Bachelor of Science Degree in Human Services with concentrations in Applied Psychology, Crime Control and Addiction Treatment. She is currently completing her Master's Degree at the University of Louisville, Kent School of Social Work. Ms. Zundel is the 2008 recipient of the Adult Corrections Award from the Kentucky Council on Crime and Delinquency for her work in Pathways and the community.

## Louisville Metro Department of Corrections Inmate Programs and Services

### LITERACY/BOOK CLUB

Louisville Metro Free Public Library provides a weekly course for improving literacy through an interactive book club.

### KENTUCKY VOCATIONAL REHABILITATION

Kentucky Vocational Rehabilitation comes into the jail once a month to discuss services available to Pathways participants concerning assessments and employment training.

### LOUISVILLE METRO COMMUNITY SERVICES

The Neighborhood Place is a partnership of public sector agencies that have come together to create a network of community-based “one stop” service center. The purpose is to provide blended and accessible health, education, employment and human services that support children and families in their progress toward self-sufficiency. They provide monthly sessions on how and where to access services.

### INSIDE THE VOICE/CREATIVE WRITING

Spalding University graduate students provide a creative and expressionistic writing class for Pathway participants bi-monthly.

### HEALTH AND WELLNESS EDUCATION

Health and Wellness education programming with focus on recovery, stress management, healthy eating and more are provided by a registered nurse from the Kentucky Area Health Education Center monthly to the Pathways Program.

## Louisville Metro Department of Corrections Inmate Programs and Services

### SPECIFIC PATHWAY PROGRAMMING:

#### SUBSTANCE ABUSE

Angel Program from the Healing Places provides “Recovery Dynamics” Treatment sessions twice weekly. Recovery Dynamics is a comprehensive program of instructional and self-help materials for counselors and individuals. The program is completely faithful to the original 12 steps of Alcoholics Anonymous. It is the first and only approach to build a bridge of understanding between the individual program of action and the requirements of treatment.

At the core of Recovery Dynamics is a clear, concise and correctly-sequenced explanation of the 12 Steps—uniquely presented in a goal-oriented format that guides each individual to an understanding of the problem, the solution and the plan of action which leads to recovery.

#### FAMILY CONSTELLATION/MENTORING

The Mankind Project offers men the opportunity to look deeper into their lives and make healthy choices about their future. The Mankind Project empowers men to fulfill their potential by living a life of integrity, accountability and a connection to feeling as well as providing service to the community.

#### EMPLOYMENT FINANCIAL APTITUDE AND COMMUNICATION

The Louisville Metro Community Action Partnership (LMCAP) develops and coordinates programs to combat poverty-related issues that affect the citizens of Louisville Metro.

Louisville Metro Community Action Partnership (CAP) provides a seven week in-jail course to participants that include employment workshops focused on resume writing, interviewing, applications, etc. The curriculum also includes financial aptitude programming as well as how to build healthy relationships through effective communications.



# Pathways ReEntry Program

Louisville Metro Department of Corrections - Community Corrections Center  
Pre-Release Re-Entry Program  
316 E. Chestnut Street Louisville, Kentucky 40202 502.574.8944



## Continuum of Care Service Plan

