



November 20, 2007

Vol. III Issue 5

Don't miss the next *Healthy Hometown Advisory Council Meeting*, Friday, December 7th at 10:30 am in the Board Room at the offices of the Metropolitan Sewer District (MSD), 700 W Liberty Street. Please RSVP to [Mary Bradley](#).

This is a very special meeting which will focus on the upcoming *Mayor's Healthy Hometown Pedestrian Summit* planned for spring of '08. Joining Mayor Abramson and Dr. Troutman for this important meeting is *Pedestrian Summit Chair Bud Schardein*, who will update us on the status of our search for a national consultant to help conduct the Summit and develop the resulting *Community Pedestrian Plan*.

Mark your calendars! Subway Restaurants has signed on to once again sponsor our Memorial Day and Labor Day *Healthy Hometown Hike & Bikes!* These extremely successful family-oriented events are drawing up to 3,000 people to the waterfront for hiking, biking, information about healthy choices and just plain ol' fun! The 2008 events will be held on May 26th and September 1st. We'll update plans as they are confirmed. You won't want to miss what the American Bicycle League has designated "the largest community-wide, non-competitive biking events in the country!"

Subway is also sponsoring our annual *Healthy Hometown Hike in Jefferson Memorial Forest*. More details will follow about this fun-filled event which coincides with beautiful fall foliage.

Meet Marigny! Mayor's Healthy Hometown is pleased to present our new coordinator, Marigny Bostock. Marigny was introduced to the MHHM through her volunteer work with EarthSave Louisville. Previous experience includes working with community-based obesity prevention efforts in both Massachusetts and Pennsylvania. She also directed the Greater New Orleans Senior Olympics from 2003-2005. Marigny's team-building and networking experience will serve the MHHM well. Please be sure to introduce yourself at upcoming committee meetings and we will formally introduce her at the next Advisory Council meeting.

Our Mayor's Healthy Hometown Movement Advisory Council Committees continue to meet and work to prioritize important and innovative action plans. We encourage committee members to attend all committee meetings and any Council member can attend any and all committee meetings as they choose. **All meetings are held at the Louisville Metro Health Dept., 400 East Gray Street (unless otherwise noted). The next committee meetings are:**

Built Environment	December 11	10:00 am	@ Urban Design Studio
Family and Community	December 4	3:30 pm	
Schools	November 28	1:00 pm	
Worksites	January 24	9:00 am	@ UAW/Ford

Contact [Mariny Bostock](#) to RSVP or for more information.

Healthy Hometown Partner News:

Healthy Hometown is again teaming up with GLI to bring you the 2008 *Healthy Hometown Worksite Wellness Awards*. Applications will once again be available on line and the awards will be presented at the GLI Annual Awards Banquet scheduled for early 2008. Awards will be presented in three categories including small (1-99 employees), medium (100-499) and large (500 +) businesses.

The *Mayor's Healthy Hometown Movement News* is designed to keep you informed of important Healthy Hometown Happenings as well as create a communications connection for all *Healthy Hometown* partners and interested participants. We encourage you to share any news, events and updates generated through your organizations and efforts ---all part of the Mayor's goal to make this one of the healthiest communities in America.

To submit information for publication consideration, please **DO NOT HIT REPLY**. Send edited items, including specific dates and times for events to smlcomm@aol.com. Please include any pertinent web links and an e-mail source for more information.

This is a publication of the **Mayor's Healthy Hometown Movement** and is distributed through the Louisville Metro Department for Public Health & Wellness. Please feel free to share this newsletter with anyone who has an interest in a healthy community. If you do not wish to receive this newsletter please notify us at mary.bradley@louisvilleky.gov.