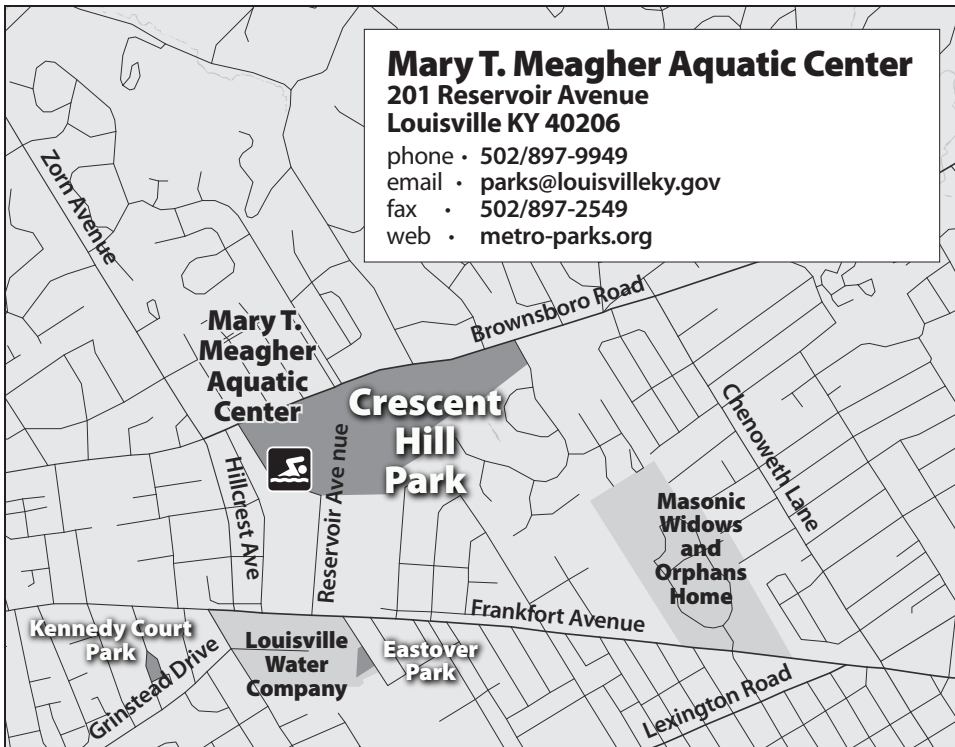


Mary T. Meagher Aquatic Center

201 Reservoir Avenue
Louisville KY 40206

phone • 502/897-9949
email • parks@louisvilleky.gov
fax • 502/897-2549
web • metro-parks.org



Mary T. Meagher Aquatic Center

201 Reservoir Avenue
Louisville KY 40206

Greg Fischer
Mayor

Louisville Metro Council



**METRO
Parks**
www.metro-parks.org

MARY T. MEAGHER Aquatic Center SCHEDULE

Spring 2012
January 4
May 29

**METRO
Parks**
www.metro-parks.org

About the Facility

Mary T. Meagher Aquatic Center

201 Reservoir Avenue
Louisville KY 40206

phone 502/897-9949
fax 502/897-2549
email parks@louisvilleky.gov
web metro-parks.org

Hours

Monday through Friday,
5:00 a.m.-9:15 p.m.

(pool closes at 9 p.m.)

Saturday, 9 a.m.-6 p.m.

(pool closes at 5:45 p.m.)

Sunday, Closed

Facility and Park Amenities

The facility includes:

- Olympic (50 meter) 11-lane competition swimming pool
- Therapy pool
- Weight room

Crescent Hill Park also has:

- Lighted tennis courts
- Crescent Hill Golf Course - 9 holes
- Louisville Water Company Reservoir - 0.75 mile walking path

Programs offered by Metro Parks Aquatics include:

- Aqua aerobics
- Birthday parties
- Pre-competitive training
- Aqua therapy classes
- Dive-in movie
- Swim lessons for all ages
- Arthritis and deep water classes

Lockers are available for rental per day, or you may bring your own lock.

Staff

Scott Risinger Aquatics Manager	scott.risinger@louisvilleky.gov
Keith Smith Aquatics Supervisor	keith.smith@louisvilleky.gov
Cason Nelson Head Lifeguard	cason.nelson@louisvilleky.gov
Susan Mahoney Information Specialist • General Questions	susan.mahoney@louisvilleky.gov
Yolanda Allen Administrative Clerk	yolanda.allen@louisvilleky.gov
Hammerheads Swim Team Coach	hammerheadscoach@insightbb.com

The mission of Louisville Metro Parks is to create a City of Parks where people can play, learn, grow and be healthy. The mission is accomplished by taking care of all parks properties and creating new ones, by providing safe and diverse recreational programs, and by protecting our public lands and resources for future generations.

Mary T. Meagher is the greatest butterfly swimmer ever. For her feats she earned the nickname "Madame Butterfly." Meagher won three gold medals at the 1984 Olympics, in both butterfly events (100m and 200m) and in the 4x100m medley relay. In 1988, by then past her prime, she earned a bronze in the 200m butterfly and a silver in the medley 4x100m relay. Meagher would likely have won both events in 1980, had the United States not boycotted the Moscow Olympics. She was world champion in 1982 over 100m and in 1986 over 200m. She set two world butterfly records over 100m, and five over 200m, beginning in 1979. Her performance at the 1981 U.S. Nationals remains her greatest effort, when she set world records of 57.93 for 100m, and 2:05.96 for 200m. These records, extremely dominant for their time, both lasted until 1999 before being broken. Her full name was Mary Terstegge Meagher, with her middle name derived from her mother's maiden name. Meagher was always known as Mary T. to differentiate her from a sister who later entered a convent, to literally become a sister, Sister Mary Glen.

© olympic.org



Hours/Membership

Lap Swim and Weight Room Hours

Mon-Fri 5 a.m.-9:15 p.m. (pools close at 9 p.m.)
Saturday 9 a.m.-6 p.m. (pools close at 5:45 p.m.)
Sunday Closed

Recreational Swim Hours

Mon-Fri Noon-3:30 p.m.
Friday 7-9 p.m.
Saturday Noon-5:45 p.m.

Specified lanes may be used for non-lap swim

Building closes 15 minutes after pool closes. Therapy Pool hours are on page 4.

Children under 8 must be accompanied by a person 12 or older. Those 9 and older must have an ID to enter the facility. IDs may be made at the Mary T. Meagher Aquatic Center during regular business hours. Cost is \$4. You must provide proof of name and address.

Fees

Children (3-12) \$3	Seniors (60 and older) \$4.50
Adults (13 and older) \$5.50	Therapy Pool Only \$3.50 (1 hour maximum per visit; you must have doctor's consent form on file)
Senior Card \$48	
12-Visit Lap Swim/Weight Room Punch Card Adults \$60 • Children \$30	

Memberships

Monthly Pass	Yearly Pass
Individual.....\$45	Individual.....\$355
Family*.....\$75	Family*.....\$520
Senior Passes • Patrons 60 and older	
Monthly Pass	Yearly Pass
Individual.....\$38.50	Individual.....\$320
Family*.....\$55	Family*.....\$470

* Family members must all live in the same household

All-inclusive Yearly Memberships

Best value! Includes all Aqua and Therapy classes, and one free birthday party for up to 10 people; does not include swim lessons/programs.

Individual.....	\$555
Family.....	\$720
Senior Family.....	\$670
Senior Individual.....	\$520

PLEASE CHECK POSTED LANE ASSIGNMENTS FOR LANE AVAILABILITY!

Holidays/Closings

Swim Meets

February 17, 18 & 19
March 23, 24 & 25

Limited lap lanes, limited parking, no Aqua Aerobic classes, no Swim Lessons or Recreation Swim, and the Therapy Pool will be closed.

Closed

January 1 & 2 • New Year's
January 16 • Martin Luther King, Jr. Day
May 28 • Memorial Day
May 5 • Derby

Patrons who pay the daily fees or have monthly/yearly passes may use the Weight Room. Youths under the age of 15 must have direct supervision by a parent or responsible adult when using weight equipment.

Aqua Exercise

Mondays, Wednesdays and Fridays

- 7-8 a.m. Deep Water Class*
- 8-9 a.m. Introduction to Deep Water / Deep Water Class (Monday & Wednesday only)*
- 8-9 a.m. Aqua Exercise
- 9-10 a.m. Cardiac Class (Monday & Wednesday only)
- 9-10 a.m. Aqua Exercise
- 10-11 a.m. Aqua Exercise
- 11 a.m.-Noon Aqua Exercise
- 5:30-6:30 p.m. Aqua Exercise (Monday & Wednesday only)
- 6:30-7:30 p.m. Deep Water* (Monday & Wednesday only)

Tuesdays and Thursdays

- 7-8 a.m. M.S. and related conditions
- 8-8:45 a.m. Aqua Zumba
- 8-9 a.m. Aqua Exercise
- 9-10 a.m. Pre- and Post-Natal Class (Thursday only)
- 9-10 a.m. Aqua Exercise
- 10-11 a.m. Silver Sneakers (Muscular strength and range of movement, land)
- 10-11 a.m. Aqua Exercise
- 10-11 a.m. Deep Water (Thursday only)

PLEASE
SHOWER
BEFORE
ENTERING
THE
POOLS,
AND
REMEMBER
TO
LOCK
YOUR
LOCKER!!!

Saturdays

- 10-10:45 Aqua Zumba
- 11-11:45 Aqua Zumba
- 11 a.m.-Noon Deep Water*
- Noon-1 p.m. Aqua Exercise

Fees for Aqua Exercise Classes held in the Olympic Pool

If you purchase a monthly/yearly pass, the daily fee is \$3, or you may purchase a 12-visit Exercise Card for \$33. Monthly members may only purchase a maximum of 2 punch cards during their corresponding membership period.

If you do not purchase a monthly/yearly pass, the daily fee is \$6, or you may purchase a 12-visit Exercise Card for \$60.

You may take a second class on the same day for only \$1!

*Participants must be comfortable in deep water.

Therapy Pool Schedule

TIME	SUN	MON	TUE	WED	THU	FRI	SAT
6 a.m.	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
7 a.m.	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
8 a.m.	CLOSED	Low Impact	Open Time	Low Impact	Open Time	Low Impact	CLOSED
9 a.m.	CLOSED	Open Time	Open Time	Open Time	Open Time	Open Time	Swim Lessons
10 a.m.	CLOSED	Arthritis Class	Open Time	Arthritis Class	Open Time	Stroke Club	Swim Lessons
11 a.m.	CLOSED	Open Time	Water Walking	Open Time	Pilates	Arthritis Class	Open Time
Noon	CLOSED	Arthritis Class	Yoga	Arthritis Class	Aqua Chi	Arthritis Class	Open Time
1 p.m.	CLOSED	Arthritis Class	Open Time†	Arthritis Class	Adapted Leisure	Arthritis Class	Open Time
2 p.m.	CLOSED	Open Time	Open Time	Open Time	Open Time	Open Time	Open Time
3 p.m.	CLOSED	Open Time	Open Time	Open Time	Open Time	Open Time	CLOSED
4 p.m.	CLOSED	Low Impact	Open Time	Low Impact	Open Time	Low Impact	CLOSED
5 p.m.	CLOSED	Warm Water Workout	Open Time	Warm Water Workout	Open Time	Warm Water Workout	CLOSED
6 p.m.	CLOSED	Swim Lessons	Swim Lessons	Open Time	Swim Lessons	Open Time	CLOSED
7 p.m.	CLOSED	Open Time	Swim Lessons/ Open Time @ 7:05	Open Time	Swim Lessons/ Open Time @ 7:05	Open Time	CLOSED
8 p.m.	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

Fees for Aqua Exercise Classes held in the Therapy Pool

If you purchase an Aquatic Center monthly, yearly or family pass, classes are free.

If you do not purchase an Aquatic Center monthly, yearly or family pass, classes are \$4.25 per day – or you may purchase a 12-visit Aqua Card for \$40.

All persons using the Therapy Pool must have a consent form signed by a doctor on file. Forms may be obtained at the front desk or on our website.

†Home of the Innocents aqua program on the first Tuesday and last Wednesday of each month.

Weekday Swim Lessons

Weekday Lessons • Olympic Pool

Session I: Mondays January 9-February 13 (5 classes) *No class January 16

Session II: Mondays February 20-March 19 (5 classes)

Session III: Mondays April 16-May 14 (5 classes)

Fees: Preschool • \$32.50 Grade School/Adult • \$32.50

Lessons meet once weekly. Register participants based on their ages and the skill levels listed on page 7. No refunds given, for any reason. All swim classes are also offered on Saturdays.

Classes

Preschool • 3 to 5 years

Session I:	Mondays, 6-6:30 p.m.	Level 1 & 2
	Mondays, 6:40-7:10 p.m.	Level 2 & 3
Session II:	Mondays, 6-6:30 p.m.	Level 1 & 2
	Mondays, 6:40-7:10 p.m.	Level 2 & 3
Session III:	Mondays, 6-6:30 p.m.	Level 1 & 2
	Mondays, 6:40-7:10 p.m.	Level 2 & 3

Swim Lesson Fee
Adults
5 lessons
\$32.50

Preschool classes focus on water adaptation, basic safety skills and beginning stages of swimming. Parents are spectators during lessons. Children must wear tight-fitting swimsuits until toilet trained. Levels 1-3 taught.

Grade School • 6 years and older

Session I:	Mondays, 6-6:30 p.m.	Level 1 & 2
	Mondays, 6:40-7:10 p.m.	Level 2 & 3
Session II:	Mondays, 6-6:30 p.m.	Level 1 & 2
	Mondays, 6:40-7:10 p.m.	Level 2 & 3
Session III:	Mondays, 6-6:30 p.m.	Level 1 & 2
	Mondays, 6:40-7:10 p.m.	Level 2 & 3

These classes teach youngsters the building blocks of the four basic swimming strokes (front crawl, backstroke, breaststroke and butterfly) as well as sidestroke and elementary backstroke in a progressive manner. See Red Cross levels on page 7 in order to place your child in an appropriate class. Levels 1, 2 and 3 taught.

See next page for Saturday Swim Lesson dates and times.

Saturday Stroke School

A class for advanced swimmers, who have a basic knowledge of strokes and want to improve. Class is limited to 10 students per session. There are no makeup classes, unless the Center must cancel a class. No refunds given, for any reason.

Fee: \$50

Session I: Saturday, May 12 (freestyle/backstroke)
Saturday, May 12 (freestyle/backstroke)

Session II: Saturday, May 19 (fly/breaststroke)
Saturday, May 19 (fly/breaststroke)

Saturday Swim Lessons

Session I: January 14-February 11 (5 classes)

Session II: March 3-April 28 (6 classes)

Baby Splash • 6 months to 3 years old (5 classes)

Session I:	8:30 a.m.	Level 3	\$32.50
	9:30 a.m.	Level 2	\$32.50
	10 a.m.	Level 1	\$32.50
Session II:	8:30 a.m.	Level 3	\$37.50
	9:30 a.m.	Level 2	\$37.50
	10 a.m.	Level 1	\$37.50

Preschool • 3 to 5 years old

Session I:	9 a.m.	Level 1, 2 & 3	\$32.50
	10:30 a.m.	Level 1, 2 & 3	\$32.50
Session II:	9 a.m.	Level 1, 2 & 3	\$37.50
	10:30 a.m.	Level 1, 2 & 3	\$37.50

Grade School • 5 to 14 years old

Session I:	9:40 a.m.	Level 1 & 2	\$35
	11:10 a.m.	Level 2 & 3	\$35
Session II:	9:40 a.m.	Level 1 & 2	\$42
	11:10 a.m.	Level 2 & 3	\$42

Adults • 15 years and older

Session I:	Noon	Level 1 & 2	\$35
Session II:	Noon	Level 1 & 2	\$42

There will be no make-up classes, unless the Center must cancel a class.

ABOUT SWIM LESSONS

Our staff uses the American Red Cross swim lesson program, which covers skills and knowledge in a logical progression of skill development levels, described below. Refer to these descriptions to determine preschool or grade school placement.

- Level 1** **Introduction to water skills.** Getting comfortable with the face in the water, floating and kicking on front and back.
- Level 2** **Fundamental aquatic skills.** Begin independent performance of front and back floats and glides, front and back crawl a short distance.
- Level 3** **Stroke development.** Coordinate front and back crawl strokes, treading water, and introduce butterfly and diving.

Registration

All classes require paid registration prior to participation and are on a first-come, first-served basis. Each class is limited to 6 students. Cash, check, Mastercard and Visa are accepted (driver's license number, date of birth and telephone number are required on all checks). Make checks payable to Metro Parks. Payment must be made in person at the Mary T. Meagher Aquatic Center, 201 Reservoir Avenue, Louisville KY 40206.

Discounts

Patrons with monthly or yearly passes receive a \$5 discount for each swimmer. Register more than one family member at the regular price, for the same session, and receive a \$5 discount for each additional swimmer. For more information about these programs call 502/897-9949.

NO
CLASSES
MARCH 24,
APRIL 14
OR
APRIL 21.

Baby Splash

The Baby Splash program is designed to give your child an introduction to the water and includes fundamental swimming and recovery skills. Until toilet trained, babies must wear tight-fitting swimsuits.

Some classes are also offered on Saturdays. There are no makeup classes, unless the Center must cancel a class. No refunds given, for any reason.

- | | |
|-------------------------------------|---|
| Level 1
6-12 months | Parent and child together • An introduction to the water as well as swimming and recovery skills. |
| Level 2
12 months & older | Parent and child together • Improve fundamental swimming and recovery skills. Level I prerequisite. |
| Level 3
1-3 years | Parent and child together • Improve fundamental swimming and recovery skills. Some independent swimming will occur. Level II prerequisite. |

Fees: Preschool • \$32.50

Session I: January 10-February 7 (5 classes)

Tuesdays, 6 p.m. Level 1
Tuesdays, 6:30 p.m. Level 1

Session I: January 12-February 9 (5 classes)

Tuesdays, 6:30 p.m. Level 3
Thursdays, 6 p.m. Level 2

Session II: February 21-March 20 (5 classes)

Tuesdays, 6 p.m. Level 1
Tuesdays, 6:30 p.m. Level 1

Session II: February 23-March 22 (5 classes)

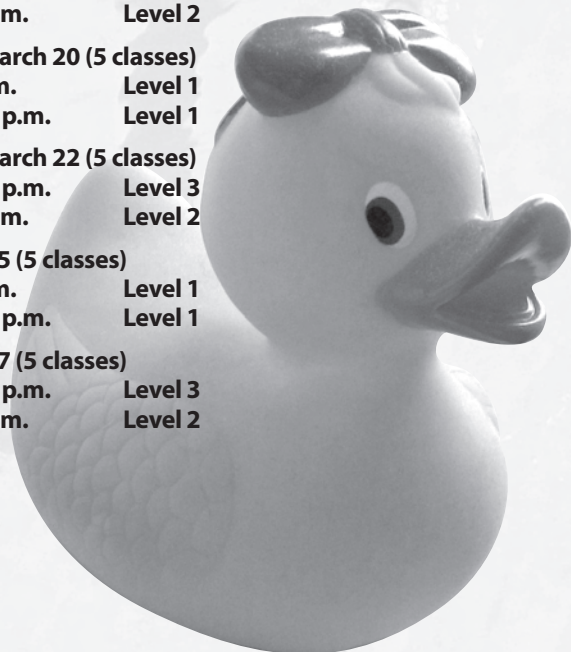
Tuesdays, 6:30 p.m. Level 3
Thursdays, 6 p.m. Level 2

Session III: April 17-May 15 (5 classes)

Tuesdays, 6 p.m. Level 1
Tuesdays, 6:30 p.m. Level 1

Session III: April 19-May 17 (5 classes)

Tuesdays, 6:30 p.m. Level 3
Thursdays, 6 p.m. Level 2



Silver Sneakers

A new offering: both muscular strength and range of movement, all covered in a single land class, just for seniors.

Tue & Thu, 10-11 a.m.

The Silver Sneakers Fitness Program



Winter Reminder

As a reminder, when Jefferson County Public School is canceled due to weather then all classes held at the Mary T. Meagher Aquatic Center that day will also be **CANCELED.**

For Saturday classes, during bad weather you may call 502/897-9949 to check if classes will be held.



Birthday Parties

AVAILABLE
DURING
RECREATIONAL
SWIM HOURS!

Mary T. Meagher Aquatic Center
will provide:

- Certified Lifeguards
- 1-Meter Diving Board
- Water Basketball

You may bring:

- Food
- Birthday cake
- Decorations, etc.

Please do not bring glass containers or confetti. Alcohol is not allowed.

Friday Parties

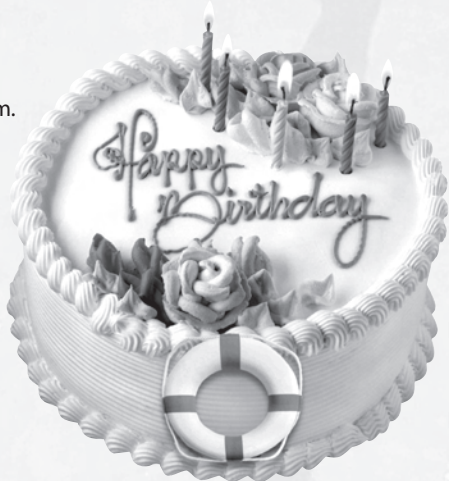
The pool opens at 7 p.m. and closes at 9 p.m. All visitors must be out of the facility by 9:15 p.m.

Party Room

7-9 p.m. • \$6/swimmer

Deck Party

7-9 p.m. • \$5/swimmer



Saturday Parties

Saturday parties are 2 hours only. Please have your area cleaned up no later than 15 minutes after your party has ended.

Party Room

Noon-2 p.m. • \$6/swimmer
3-5 p.m. • \$6/swimmer

Deck Party

Noon-2 p.m. • \$5/swimmer
3-5 p.m. • \$5/swimmer

Registration and Information

Reservations must be made in person, and are on a first-come, first-served basis. All birthday parties require a non-refundable registration fee - \$25 for members and \$45 for non-members - which is due at the time the party date is reserved (this fee does not apply to the final cost of the party).

A non-refundable \$10 fee is assessed if you change the party's date.

Cash, check, Mastercard and Visa are accepted (driver's license number, date of birth and telephone number are required on all checks). Make checks payable to Metro Parks, and payment must be made in person at the Mary T. Meagher Aquatic Center, 201 Reservoir Avenue, Louisville KY 40206.

*Children age 2 and under will be charged for reserved birthday parties.

Lifeguard Training

There is no cost for lifeguard training if the participant can work for Metro Parks during the 2012 summer season. Otherwise the fee is \$200. All sessions held at the Mary T. Meagher Aquatic Center. Classes may be combined if size requirements are not met. Call to preregister.

To become a certified lifeguard in Louisville /Jefferson County, you must be 16 years old and hold current certification in Lifeguard/First Aid Training, CPR for the Professional Rescuer, and the Jefferson County Board of Health Guard Course.

You must attend all scheduled classes in a Lifeguard/First Aid session; no makeup dates available. Each session will include lifeguarding, first aid, cpr/pr and Board of Health training.

Lifeguard/First Aid Training

SESSION	DATES	DAYS	TIME
Session I.....	Dec 19-Dec 23	Mon, Tue, Wed, Thu, Fri	9 a.m.-5 p.m. (Christmas Break)
Session II	Feb 4-Mar 10	Saturdays	9 a.m.-5 p.m.
Session III	April 2-April 25	Mon & Wed	4-9 p.m.
Session IV.....	April 9-April 13	Mon, Tue, Wed, Thu, Fri	9 a.m.-5 p.m. (Spring Break)
Session V	April 14-May 19	Saturdays	9 a.m.-5 p.m.
Session VI.....	April 30-May 21	Mon & Wed	4-9 p.m.
Session VII.....	May 29-June 2	Tue, Wed, Thu, Fri, Saturday (8 -12)	4-9 p.m.
Session VIII.....	June 4-June 8	Mon, Tue, Wed, Thu, Fri	4-9 p.m.

CPR for the Professional Rescuer Training

For lifeguards who need CPR for Professional Rescuer recertification, or those not registered for lifeguard class or employed by Metro Parks. The fee is \$100 for those taking CPR/PR only. Session held at the Mary T. Meagher Aquatic Center.

DATE	DAY	TIME
May 12	Saturday	9 a.m.-4 p.m.

Jefferson County Board of Health Guard Course

Call 502/574-6650 to register for this class. Held at the Mary T. Meagher Aquatic Center.

DATE	DAY	TIME
May 19	Saturday	1-6 p.m.

Dive-In Movie "Puss in Boots"



April 10 • Doors open at 6 p.m. • Movies start at 6:30 p.m.

Tame holiday blahs and have family fun! Dive in and watch a favorite movie for free! Bring a float, swimsuit and towel, because you're gonna get wet.

Groups are welcome, and swimmers 8 and under must be with a chaperone of at least 18.

For more info or to make reservations call 502/897-9949.