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Healthy Hometown Pedestrian Summit Hits a Homerun!

Thanks to all who participated in Louisville's first ever *Healthy Hometown Pedestrian Summit*, including being at one of the six preceding ***Community Workshops*** or serving on the planning committee. The Summit was a success by any measure, but it is great to know that we reached capacity of 120 people for last Saturday's main event at the Gheen's Academy and most of our participants stayed throughout the long day even with the sun shining outside! In addition, we touched more than 200 people through our workshops and additional events, including a terrific Kick-Off Reception at KICC on Friday evening. And, we generated more than 1,100 responses to our on-line survey.

Now we go to work on the city's first ever ***Community Walkability Plan*** and we still need your help and input. Please continue to contact us with ideas and suggestions at www.louisvillepedsummit.com. We will continue to keep those registered informed through our listserv and we will be making public announcements about the roll-out of the Plan as soon as we know more. Our thanks go out to all of our sponsors, Toole Design Group, Gresham Smith & Partners, the Built Environment Committee, the Mayor, and you for making the Summit an important part of this city's health and wellness planning as we go forward!

Thanks to our Healthy Hometown Pedestrian Summit sponsors: The Louisville Metro Department of Public Health & Wellness, Louisville Metro Planning & Design, Louisville Metro Public Works, TARC, Louisville Water Company, Metro Parks, ACTIVE Louisville, Partnership for a Fit KY, MSD, KIPDA and Friends of Louisville Metro Public Health & Wellness.

Healthy Hometown Hike & Bike Takes Off Memorial Day, May 26th!

Join 4,000 of your closest friends, at Waterfront Park on **Monday, May 26th at 9 am** for the seventh annual ***Healthy Hometown Hike & Bike***. We will once again have our Healthy Marketplace including Bike Doctors, t-shirts, and other giveaways! The route is heading west this year toward Shawnee Park. **Thanks to Subway Restaurants** for stepping up to the plate and sponsoring our ***Mayor's Healthy Hometown Hike & Bikes*** again this year! Through Subway's much appreciated advertising and promotion, we have grown the ***Memorial and Labor Day Hike & Bikes*** to become the largest, non – competitive bike event in the country according to the American Bicycle League. For more information, go to www.louisvilleky.gov/health/mhbm.

Next Healthy Hometown Advisory Council Meeting Set for June 26th

Mark your calendars and plan to attend the quarterly ***Mayor's Healthy Hometown Advisory Council meeting on Thursday, June 26, at 10 am in the Mayor's Gallery, 4th Floor Metro Hall, 5th and Jefferson Streets***. Mayor Abramson will announce the ***2008 Healthy Hometown Mini-grant*** recipients and bring us up to date on all of the activities of the Healthy Hometown Movement. **Please RSVP to [Mary Bradley](#)**.

Healthy Hometown Mini-grants Announced June 26th!

Thanks to all who applied for the **2008 Mayor's Healthy Hometown Mini-grants**. We received 34 applications that are currently under review. Since 2005, we have awarded nearly \$200,000 in grants of anywhere from \$2,000 to \$5,000. Recipients use the funds to continue successful programs as well as generate new ones. The Mayor will announce the 2008 recipients at our June 26th Healthy Hometown Advisory Council meeting (see above). Thanks for thinking about your community's health and wellness!

Our **Mayor's Healthy Hometown Movement Advisory Council Committees** continue to meet and work to prioritize important and innovative action plans. We encourage committee members to attend all committee meetings and any Council member can attend any and all committee meetings as they choose. All meetings are held at the Louisville Metro Health Dept., 400 East Gray Street unless otherwise noted. The next committee meetings are:

Built Environment	TBA
Family and Community	Wednesday, May 14th and 28th – 5:30 pm, Downtown Library (main branch)
Schools	TBA
Worksites	TBA

Contact [Marigny Bostock](#) for more information.

Healthy Hometown Partner News:

Bicycling for Louisville Monthly e-News Now Available:

Bicycling for Louisville, the region's only professionally-staffed charitable bicycle education and advocacy organization, now has its own monthly e-newsletter. The newsletter gives news on the organization's projects and programs, including upcoming bicycling skills and safety courses for youths and adults. To subscribe, go to: <http://www.bicyclingforlouisville.org/newsletter>

2008 Mayor's Healthy Hometown events will also include a Hike in Jefferson Memorial Forest in October. More information on all Healthy Hometown events is at www.louisvilleky.gov/health/mhbm.

More Mayor's Healthy Hometown Health Tip Posters are available! Twelve posters with fun graphics and important information which encourages good nutrition and the benefits of physical activity are posted on the **Healthy Hometown** website. All posters are designed for display at your place of work, study, worship or play. To receive these posters via e-mail attachment, contact smlcomm@aol.com or they can be downloaded from the **Healthy Hometown** website at www.louisvilleky.gov, click on "**Mayor's Healthy Hometown.**"

The **Mayor's Healthy Hometown Movement News** is designed to keep you informed of important Healthy Hometown Happenings as well as create a communications connection for all **Healthy Hometown** partners and interested participants. We encourage you to share any news, events and updates generated through your organizations and efforts ---all part of the Mayor's goal to make this one of the healthiest communities in America.

To submit information for publication consideration, please **DO NOT HIT REPLY**. Send edited items, including specific dates and times for events to smlcomm@aol.com. Please include any pertinent web links and an e-mail source for more information.

This is a publication of the **Mayor's Healthy Hometown Movement** and is distributed through the Louisville Metro Health Department. Please feel free to share this newsletter with anyone who has an interest in a healthy community. If you do not wish to receive this newsletter please notify us at [Mary Bradley](#).